I joined the Ministry of Health in Swaziland as an Environmental Health Officer in 1991 to date. I did a Diploma and BSc in Environmental Health at the University of Swaziland in 1988/1991 and 2001/2003, respectively before pursuing an MSc in Environmental Health in 2012/2013 at the University of Strathclyde. The MSc course content was quite relevant to my training background and scope of work. It has upgraded my skills and knowledge in environmental health issues to deal with even complex environmental conditions. My study was motivated by allegations of healthcare workers’ deaths in Swaziland’s hospitals due to suspected healthcare associated infections (HCAI). My study was a comparative assessment of Infection Prevention and Control (IPC) Programmes in Scotland and Swaziland with an ultimate aim of improving IPC in the latter country. The study came out with workable recommendations to improve the IPC Programme in Swaziland.