

Emotion-Focused Therapy : Level 3 Training Series 2009-10

Facilitated by Robert Elliott
Professor of Counselling, University of Strathclyde

Wednesdays, 6-9pm, 16 September 2009 – 2 June 2010

Sir Henry Wood Building
University Of Strathclyde
(Sponsored by the Professional Development Unit, University of Strathclyde)

The Counselling Unit at the University of Strathclyde are pleased to offer continuing training in Emotion-Focused Therapy (EFT) for counsellors and psychotherapists (Diploma level or above) who have completed Level Two training in EFT. This 12-session series will meet approximately every three weeks throughout the 2009-10 academic year, beginning in September. The format will primarily focus on supervision of recorded therapy sessions, supplemented as appropriate by viewing of archival video-recordings, brief lectures, experiential practice exercises in small groups, and discussion. Emphasis will be on putting EFT into practice and examining blocks to effective practice.

This series is scheduled for the following dates:

Autumn 2009 :

- 16 September
- 7 October
- 28 October
- 18 November
- 9 December

Winter-Spring 2010 :

- 13 January
- 3 February
- 24 February
- 17 March
- 21 April
- 12 May
- 2 June

Enrolment is set for a maximum of 12.

Course fee : Until 15 August: £345; after 15 August: £395.

The course could be taken for continuing professional education credit.

Professional Development Unit applications may be downloaded at <http://www.strath.ac.uk/Departments/PDU/shortcourses/shortcourses.html> (Note that that this course is not on the official list.)

Please direct enquiries to the PDU office (0141 950 3734) or Robert Elliott (Robert.Elliott@strath.ac.uk or fac0029@gmail.com).