

**CS03 WEDNESDAY (MORNING, on-campus)** 10.00am – 12.30pm. **SAT** 10.00-12.30pm & 13.00-15.30pm

**Tutor: Gillian Dinnie**

**Induction Session: Monday 19<sup>th</sup> August, 6.00-7.30pm**

**Guest Speaker sessions: Mondays from 6.30-8.00pm**

<b>Module 1</b>	<b>Date</b>		
Unit 1	4/9/24	Introductions, Expectations, Working agreement	
Unit 2	11/9/24	Defining a Counselling Approach	
Unit 3	<b>SAT</b> <b>14/9/24</b>	Intro to Practice - Attending	10am-12.30pm
Unit 4	<b>SAT</b> <b>14/9/24</b>	Intro to Practice - Responding	1pm-3.30pm
Unit 5	18/9/24	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	25/09/24	Essential Qualities - Acceptance	
Unit 7	2/10/24	Essential Qualities – Genuineness & Empathy	
Unit 9	9/10/24	Intro to Ethics - Confidentiality	
Unit 8	16/10/24	Integrated Practice	
Unit 10	23/10/24	FILMING	Filming opportunity <b>Written assignment (1000 words)</b> <b>due by 5pm on 23/10/24</b>
Unit 11	30/10/24	Student presentations	
Unit 12	6/11/24	Student presentations	
<b>Module 2</b>	<b>Date</b>		
Unit 1	20/11/24	Review of Mod 1. Working Agreement	
Unit 2	27/11/24	Intro to Structures: Boundaries & Beginnings	
Unit 4	<b>SAT</b> <b>30/11/24</b>	Structures: Middles & Focusing	10am – 12.30pm
Unit 5	<b>SAT</b> <b>30/11/24</b>	Structures: Middles. Change & Challenge	1pm-3.30pm
Unit 3	4/12/24	Transitions. Attachment and Loss	
Unit 6	11/12/24	Sexuality	Filming opportunity
Unit 7	18/12/24	Self-awareness. Motives & Values	
Unit 8	15/1/25	Ethics: Working with Difference	
Unit 9	22/1/25	Structures: Endings	Filming opportunity <b>Written assignment (1500 words)</b> <b>due by 5pm on 22/01/25</b>
Unit 10	29/1/25	Filming	
Unit 11	<b>SAT</b> <b>1/2/25</b>	Student presentations	10am -12.30pm
Unit 12	<b>SAT</b> <b>1/2/25</b>	Student presentations	1pm- 3.30pm
<b>Module 3</b>	<b>Date</b>		
Unit 1	12/2/25	Overview & Working agreement	
Unit 2	19/2/25	Theories	
Unit 3	26/2/25	Humanism & PCT	Audio recording opportunity
Unit 4	5/3/25	Psychodynamic	Audio recording opportunity
Unit 5	<b>SAT</b> <b>8/3/25</b>	Lifeline	10am – 12.30pm
Unit 6	<b>SAT</b> <b>8/3/25</b>	Genograms	1pm-3.30pm
Unit 7	12/3/25	CBT	Audio recording opportunity

Unit 8	19/3/25	Ethics – Listener’s Responsibilities	
Unit 9	26/3/25	Spirituality	
Unit 10	2/4/25	Final audio recording if necessary *Next week off (9th April for transcribing)	<b>Transcript &amp; reflection assignment (1500 words) due by 5pm on 09/04/25</b>
Unit 11	16/4/25	Student Transcript & Presentations	Final part of assessment
Unit 12	23/4/25	Student Transcript & Presentations	Final part of assessment
<b>Module 4</b>			
<b>Unit 1</b>	<b>Date</b>		
Unit 1	7/5/25	Overview/Working agreement	
Unit 2	<b>SAT 10/5/25</b>	Gestalt	10am – 12.30pm
Unit 3	<b>SAT 10/5/25</b>	Ethics – Boundary issues	1pm-3.30pm
Unit 5	14/5/25	TA	
Unit 4	21/5/25	Social inclusion	
Unit 6	28/5/25	Stress	
Unit 7	4/6/25	Ethics – listener responsibilities – supervision	
Unit 8	11/6/25	Assessment Pt1	Assessment Triad 1.
Unit 9	18/6/25	Assessment Pt 2	Assessment Triad 2. <b>Written Assignment (2000 words) due by 5pm on 11/06/25</b>
Unit 10	25/6/25	Assessment Pt 3	Assessment Triad 3.
Unit 11	<b>SAT 28/6/25</b>	Student final Presentations	Final part of assessment 10am- 12.30pm
Unit 12	<b>SAT 28/6/25</b>	Student final Presentations	Final part of assessment 1pm-3.30pm

<b>Guest Speaker Sessions/Dates – Monday evenings 6.30-8.00pm online via Zoom</b>		
Module 1	16/09/2024	Adverse Childhood Experiences and Trauma
	30/09/2024	Attachment
Module 2	09/12/2024	Sexuality and Gender Identity
Module 3	24/02/2025	Person Centred Therapy
	03/03/2025	Psychodynamic Therapy
	10/03/2025	Cognitive Behavioural Therapy
Module 4	19/05/2025	Transactional Analysis