

CS04 THURSDAY (evening, on-campus) 18.00pm-20.30pm. **SAT** 10.00-12.30pm & 13.00-15.30pm

Tutor: Colin Flynn

Induction Session: Monday 19th August, 6.00-7.30pm

Guest Speaker sessions: Mondays from 6.30-8.00pm

Module 1	Date		
Unit 1	29/8/24	Introductions, Expectations, Working agreement	
Unit 2	5/9/24	Defining a Counselling Approach	
Unit 3	12/9/24	Intro to Practice - Attending	
Unit 4	19/9/24	Intro to Practice - Responding	
Unit 5	26/9/24	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	3/10/24	Essential Qualities - Acceptance	
Unit 7	10/10/24	Essential Qualities – Genuineness& Empathy	
Unit 8	SAT 12/10/24	Integrated Practice	10am – 12.30pm Filming opportunity Written assignment (1000 words) due by 5pm on 22/10/24
Unit 9	SAT 12/10/24	Intro to Ethics - Confidentiality	1pm – 3.30pm
Unit 10	17/10/24	FILMING	
Unit 11	24/10/24	Student presentations	
Unit 12	31/10/24	Student presentations / 1:1	
Module 2	Date		
Unit 1	14/11/24	Review of Mod 1. Working Agreement	
Unit 2	SAT 16/11/24	Intro to Structures: Boundaries & Beginnings	1pm – 3.30pm
Unit 3	21/11/24	Transitions. Attachment and Loss	
Unit 4	28/11/24	Structures: Middles & Focusing	
Unit 5	SAT 30/11/24	Structures: Middles. Change & Challenge	10am – 12.30pm
Unit 6	SAT 30/11/24	Sexuality	1pm – 3.30pm Filming opportunity
Unit 7	5/12/24	Self-awareness. Motives & Values	
Unit 8	12/12/24	Ethics: Working with Difference	
Unit 9	19/12/24	Structures: Endings	Filming opportunity Written assignment (1500 words) due by 5pm on 16/01/25
Unit 10	16/1/25	Filming	
Unit 11	23/1/25	Student presentations	
Unit 12	30/1/25	Student presentations/ 1:1	
Module 3	Date		
Unit 1	13/2/25	Overview & Working agreement	
Unit 2	20/2/25	Theories	
Unit 3	27/2/25	Humanism & PCT	Audio recording opportunity
Unit 4	6/3/25	Psychodynamic	Audio recording opportunity
Unit 5	13/3/25	Life mapping	
Unit 6	SAT 15/3/25	Genograms	10am – 12.30pm
Unit 7	SAT 15/3/25	CBT	1pm – 3.30pm Audio recording opportunity
Unit 8	20/3/25	Ethics - Power	
Unit 9	27/3/25	Spirituality	

Unit 10	3/4/25	Final audio recording if necessary *Next week off (10th April for transcribing)	Transcript & reflection assignment (1500 words) due by 5pm on 10/04/25
Unit 11	17/4/25	Student Transcript & Presentations	Final part of assessment
Unit 12	24/4/25	Student Transcript & Presentations	
Module 4	Date		
Unit 1	8/5/25	Overview/Working agreement	
Unit 2	15/5/25	Gestalt	
Unit 3	22/05/25	Ethics – Boundary issues	
Unit 5	SAT 24/05/25	TA	10am – 12.30pm
Unit 4	SAT 24/05/25	Social inclusion	1pm – 3.30pm
Unit 6	29/05/25	Stress	
Unit 7	5/06/25	Ethics – listener responsibilities – supervision	
Unit 8	SAT 07/06/25	Assessment Pt1	10am – 12.30pm Assessment Triad 1. Written Assignment (2000 words) due by 5pm on 12/06/25
Unit 9	SAT 07/06/25	Assessment Pt 2	1pm – 3.30pm Assessment Triad 2.
Unit 10	12/06/25	Assessment Pt 3	Assessment Triad 3.
Unit 11	19/06/25	Student final Presentations	Final part of assessment
Unit 12	26/06/25	Student final Presentations	Final part of assessment

Guest Speaker Sessions/Dates – Monday evenings 6.30-8.00pm online via Zoom		
Module 1	16/09/2024	Adverse Childhood Experiences and Trauma
	30/09/2024	Attachment
Module 2	09/12/2024	Sexuality and Gender Identity
Module 3	24/02/2025	Person Centred Therapy
	03/03/2025	Psychodynamic Therapy
	10/03/2025	Cognitive Behavioural Therapy
Module 4	19/05/2025	Transactional Analysis