

CS05 FRIDAY (morning, on-campus) 10am- 12.30pm / SAT am 10.00am-12.30pm & pm 1pm- 3.30pm

Tutor: Cara Milor

Induction Session: Monday 19th August, 6.00-7.30pm

Guest Speaker sessions: Mondays from 6.30-8.00pm

Module 1	Date		
Unit 1	30/08/24	Introductions, Expectations, Working agreement	
Unit 2	06/09/24	Defining a Counselling Approach	
Unit 3	13/09/24	Intro to Practice - Attending	
Unit 4	20/09/24	Intro to Practice - Responding	
Unit 5	27/09/24	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	SAT am 28/09/24	Essential Qualities - Acceptance	
Unit 7	SAT pm 28/09/24	Essential Qualities – Genuineness& Empathy	
Unit 9	04/10/24	Intro to Ethics - Confidentiality	
Unit 8	11/10/24	Integrated Practice	Filming opportunity
Unit 10	18/10/24	FILMING	Written assignment (1000 words) due by 5pm on 18/10/24
Unit 11	25/10/24	Student presentations	
Unit 12	SAT am 26/10/24	Student presentations	
Module 2	Date		
Unit 1	08/11/24	Review of Mod 1. Working Agreement	
Unit 2	15/11/24	Intro to Structures: Boundaries & Beginnings	
Unit 3	22/11/24	Transitions. Attachment and Loss	
Unit 4	29/11/24	Structures: Middles & Focusing	
Unit 5	06/12/24	Structures: Middles. Change & Challenge	
Unit 6	13/12/24	Sexuality	
Unit 7	20/12/24	Self-awareness. Motives & Values	
Unit 8	17/01/25	Ethics: Working with Difference	
Unit 10	24/01/25	Filming	Written assignment (1500 words) due by 5pm on 24/01/25
Unit 9	31/01/25	Structures: Endings	
Unit 11	SAT am 01/02/25	Student presentations	
Unit 12	SAT pm 01/02/25	Student presentations	
Module 3	Date		
Unit 1	14/02/25	Overview & Working agreement	
Unit 2	21/02/25	Theories	
Unit 3	28/02/25	Humanism & PCT	Audio recording opportunity
Unit 4	SAT am 01/03/25	Psychodynamic	Audio recording opportunity
Unit 5	SAT pm 01/03/25	Life mapping	Audio recording opportunity
Unit 6	07/03/25	Genograms	Audio recording opportunity
Unit 7	14/03/25	CBT	Audio recording opportunity

Unit 8	SAT am 15/03/25	Ethics - Power	Audio recording opportunity
Unit 9	21/03/25	Spirituality	Audio recording opportunity
Unit 10	28/03/25	Final audio recording if necessary *Next week off (4 th April for transcribing)	Transcript & reflection assignment (1500 words) due by 5pm on 04/04/25
Unit 11	11/04/25	Student presentations	
Unit 12	SAT am 12/04/25	Student presentations	
Module 4	Date		
Unit 1	25/04/25	Overview/Working agreement	
Unit 2	02/05/25	Gestalt	
Unit 3	09/05/25	Ethics – Boundary issues	
Unit 5	16/05/25	TA	
Unit 4	23/05/25	Social inclusion	
Unit 6	SAT am 24/05/25	Stress	
Unit 7	30/05/25	Ethics – listener responsibilities – supervision	
Unit 8	06/06/25	Assessment Pt1	Assessment Triad 1 Written Assignment due (2000 words) due by 5pm on 06/06/25
Unit 9	13/06/25	Assessment Pt 2	Assessment Triad 2
Unit 10	20/06/25	Assessment Pt 3	Assessment Triad 3
Unit 11	SAT am 21/06/25	Student final Presentations	Final part of assessment
Unit 12	SAT pm 21/06/25	Student final Presentations	Final part of assessment

Assessment dates

Module	1	2	3	4
Written assessment	18/10/24	24/01/25	04/04/25	06/06/25
U10 Filming	18/10/24	24/01/25	28/03/25	x
Presentations	25/10/24 & 26/10/24 (am)	01/02/25 (am & pm)	11/04/25 & 12/04/25 (am)	21/06/25 (am & pm)

Guest Speaker Sessions/Dates – Monday evenings 6.30-8.00pm online via Zoom

Module 1	16/09/2024	Adverse Childhood Experiences and Trauma
	30/09/2024	Attachment
Module 2	09/12/2024	Sexuality and Gender Identity
Module 3	24/02/2025	Person Centred Therapy
	03/03/2025	Psychodynamic Therapy
	10/03/2025	Cognitive Behavioural Therapy
Module 4	19/05/2025	Transactional Analysis