

Occupational Health Team

Occupational Health Advisor

Jan Duke

jan.duke@strath.ac.uk

Occupational Health Nurse

Sarah Hunter

(Monday, Wednesday and Thursday)

s.hunter@strath.ac.uk

Occupational Health Physician

An independent Occupational Health Physician is available and is contactable via the Department.

Occupational Health Secretary

Jacqui Gordon

jacqueline.gordon@strath.ac.uk

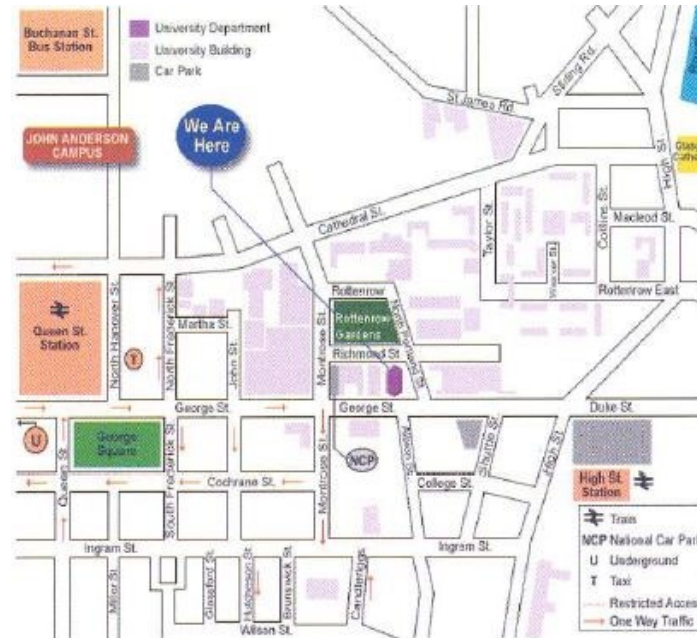
Employee Assistance Programme



www.strath.ac.uk/wellbeing/stressandmentalhealth/staffcounsellingandemployeeassistanceprogrammeep

Further information may be found at

www.strath.ac.uk/wellbeing/occupationalhealth



Occupational Health Service

Level 2, Livingstone Tower

26 Richmond Street

Glasgow

G1 1XH

Tel: 0141 548 4824

Email: occupationalhealth@strath.ac.uk

Opening Hours

0900—1700 Monday to Friday

Occupational Health Service



Healthy staff are a key business asset and essential to productivity. The Occupational Health Service aims to keep staff well at work and monitor the impact of work and the work environment on staff health both physical and mental.

The Service falls within the remit of Occupational Health, Safety and Wellbeing (OHSaW) but operates independently providing an impartial and confidential service. Members of the Occupational Health team hold appropriate medical qualifications and are experienced in a range of health issues. The Occupational Health Service works in partnership with Safety Advisers in identifying and preventing health risks at work and also provides key support to the Human Resources Department and line managers/supervisors to develop workplace policies and practices that promote safe and healthy environments. We acknowledge that supporting staff wellbeing will often include giving consideration to both psychological and social factors.

Who can use the Service?

The Service is available to every staff member. This may include postgraduates and extends to undergraduate students where activities pose a risk to health due to the nature of their research or course work. Managers are able to refer staff for advice regarding management of any health issues. Staff members can also self refer for confidential advice.



The Service Provides Advice on:

- Reasonable adjustments to aid compliance with the Equality Act 2010
- Supporting the Management of Sickness Absence
- Staff with health issues at work
- Development of healthy working practices
- Support networks for alcohol/drug problems
- Pregnancy and work
- Work related travel advice
- Accessing support for Mental Health issues
- Strategies for stress management and work life balance
- Sources of external health services/support
- Retirement on grounds of ill-health
- Any work related health issues

The Occupational Health Service is not a substitute for General Practitioner consultation or a treatment service.

The Service Provision includes:

- Statutory health surveillance programmes
- Work related health assessments
- Medicals for safety critical work
- Referral to an Occupational Health Consultant
- Information on specific work related health issues
- Support for staff absent from work for health reasons



- Development of rehabilitation programmes for those returning to work following sickness absence
- Lifestyle Health Assessments
- Health promotion activities
- Working with community partners to address key public health issues affecting our society today.

