

April to December 2026

CS14: Mondays Full-day (Online) 10.00am-12.30pm (morning) and 1.30-4.00pm (afternoon)

Tutor: Gillian Dinnie

Module 1	Date		
Unit 1	13/4/26	Introductions, Expectations, Working agreement	
Unit 2	13/4/26	Defining a Counselling Approach	
Unit 3	20/4/26	Intro to Practice - Attending	
Unit 4	20/4/26	Intro to Practice - Responding	
Unit 5	27/4/26	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	27/4/26	Essential Qualities - Acceptance	
Unit 7	4/5/26	Essential Qualities – Genuineness & Empathy	
Unit 8	4/5/26	Integrated Practice	Filming opportunity
Unit 9	11/5/26	Intro to Ethics - Confidentiality	
Unit 10	11/5/26	FILMING	Written assignment due on 11/5/26 by 12noon (1000 words)
Unit 11	18/5/26	Student presentations / 1:1	
Unit 12	18/5/26	Student presentations	
		No Class 25th May 2026	
Module 2	Date		
Unit 1	1/6/26	Review of Mod 1. Working Agreement	
Unit 2	1/6/26	Intro to Structures: Boundaries & Beginnings	
Unit 3	8/6/26	Transitions. Attachment and Loss	
Unit 4	8/6/26	Structures: Middles & Focusing	
Unit 5	15/6/26	Structures: Middles. Change & Challenge	
Unit 6	15/6/26	Sexuality	Filming opportunity
Unit 9	22/6/26	Structures: Endings	
Unit 8	22/6/26	Ethics: Working with Difference	Filming opportunity
Unit 7	29/6/26	Self-awareness. Motives & Values	Written assignment due on 29/6/26 by 12noon (1500 words)
Unit 10	29/6/26	Filming	
Unit 11	6/7/26	Student presentations / 1:1	
Unit 12	6/7/26	Student presentations	
		SUMMER BREAK	
Module 3	Date		
Unit 1	7/9/26	Overview & Working agreement	
Unit 2	7/9/26	Theories	
Unit 3	14/9/26	Humanism & PCT	Audio recording opportunity
Unit 4	14/9/26	Psychodynamic	Audio recording opportunity
Unit 5	21/9/26	Life mapping	
Unit 6	21/9/26	Genograms	
Unit 7	28/9/26	CBT	Audio recording opportunity
Unit 8	28/9/26	Ethics - Power	
Unit 9	5/10/26	Spirituality	
Unit 10	5/10/26	Final audio recording if necessary *Next week off (12/10/26) for transcribing	Transcript & reflection assignment due on 12/10/26 by 12noon (1500 words)
	12/10/26	No class	
Unit 11	19/10/26	Student Transcript & Presentations	Final part of assessment
Unit 12	19/10/26	Student Transcript & Presentations	

		No class 26th October 2026	
Module 4	Date		
Unit 1	2/11/26	Overview/Working agreement	
Unit 2	2/11/26	Gestalt	
Unit 3	9/11/26	Ethics – Boundary issues	
Unit 5	9/11/26	TA	
Unit 4	16/11/26	Social inclusion	
Unit 6	16/11/26	Stress	
Unit 7	23/11/26	Ethics – listener responsibilities – supervision	
Unit 8	23/11/26	Assessment Pt1	Assessment Triad 1
Unit 9	30/11/26	Assessment Pt 2	Assessment Triad 2
Unit 10	30/11/26	Assessment Pt 3	Assessment Triad 3 Written assignment due on 30/11/26 by 12noon (2000 words)
Unit 11	7/12/26	Student final Presentations	Final part of assessment
Unit 12	7/12/26	Student final Presentations	

Assessment dates

Module	1	2	3	4
Written assessment	11/5/26	29/6/26	12/10/26	30/11/26
U10 Filming	11/5/26	29/6/26	5/10/26	x
Presentations	18/5/26	6/7/26	19/10/26	7/12/26