

April to December 2026

CS15 Saturdays Full-day (Online) 10.00am-12.30pm (morning) and 1.00-3.30pm (afternoon)

Tutor: Martin Innes

Module 1	Date		
Unit 1	11/4/26	Introductions, Expectations, Working agreement	
Unit 2	11/4/26	Defining a Counselling Approach	
Unit 3	18/4/26	Intro to Practice - Attending	
Unit 4	18/4/26	Intro to Practice - Responding	
Unit 5	25/4/26	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	25/4/26	Essential Qualities - Acceptance	
Unit 7	2/5/26	Essential Qualities – Genuineness & Empathy	
Unit 8	2/5/26	Integrated Practice	Filming opportunity
Unit 9	9/5/26	Intro to Ethics - Confidentiality	
Unit 10	9/5/26	FILMING	Written assignment due on 9/5/26 by 12noon (1000 words)
Unit 11	16/5/26	Student presentations / 1:1	
Unit 12	16/5/26	Student presentations	
		No Class 23rd May 2026	
Module 2	Date		
Unit 1	30/5/26	Review of Mod 1. Working Agreement	
Unit 2	30/5/26	Intro to Structures: Boundaries & Beginnings	
Unit 3	6/6/26	Transitions. Attachment and Loss	
Unit 4	6/6/26	Structures: Middles & Focusing	
Unit 5	13/6/26	Structures: Middles. Change & Challenge	
Unit 6	13/6/26	Sexuality	Filming opportunity
Unit 9	20/6/26	Structures: Endings	
Unit 8	20/6/26	Ethics: Working with Difference	Filming opportunity
Unit 7	27/6/26	Self-awareness. Motives & Values	Written assignment due on 27/6/26 by 12noon (1500 words)
Unit 10	27/6/26	Filming	
Unit 11	4/7/26	Student presentations / 1:1	
Unit 12	4/7/26	Student presentations	
		SUMMER BREAK	
Module 3	Date		
Unit 1	5/9/26	Overview & Working agreement	
Unit 2	5/9/26	Theories	
Unit 3	12/9/26	Humanism & PCT	Audio recording opportunity
Unit 4	12/9/26	Psychodynamic	Audio recording opportunity
Unit 5	19/9/26	Life mapping	
Unit 6	19/9/26	Genograms	
Unit 7	26/9/26	CBT	Audio recording opportunity
Unit 8	26/9/26	Ethics - Power	
Unit 9	3/10/26	Spirituality	
Unit 10	3/10/26	Final audio recording if necessary *Next week off 10/10/26) for transcribing	Transcript & reflection assignment due on 10/10/26 by 12noon (1500 words)
	10/10/26	No class	
Unit 11	17/10/26	Student Transcript & Presentations	Final part of assessment
Unit 12	17/10/26	Student Transcript & Presentations	

		No class 24th October 2026	
Module 4	Date		
Unit 1	31/10/26	Overview/Working agreement	
Unit 2	31/10/26	Gestalt	
Unit 3	7/11/26	Ethics – Boundary issues	
Unit 5	7/11/26	TA	
Unit 4	14/11/26	Social inclusion	
Unit 6	14/11/26	Stress	
Unit 7	21/11/26	Ethics – listener responsibilities – supervision	
Unit 8	21/11/26	Assessment Pt1	Assessment Triad 1
Unit 9	28/11/26	Assessment Pt 2	Assessment Triad 2
Unit 10	28/11/26	Assessment Pt 3	Assessment Triad 3 Written assignment due on 28/11/26 by 12noon (2000 words by 5pm)
Unit 11	5/12/26	Student final Presentations	Final part of assessment
Unit 12	5/12/26	Student final Presentations	

Assessment dates

Module	1	2	3	4
Written assessment	9/5/26	27/6/26	10/10/26	28/11/26
U10 Filming	9/5/26	27/6/26	3/10/26	x
Presentations	16/5/26	4/7/26	17/10/26	5/12/26