

April to December 2026

CS16 Wednesdays Full-day (On-campus) 10.00am-12.30pm (morning) and 1.00-3.30pm (afternoon)

Tutor: Martin Innes

Module 1	Date		
Unit 1	8/4/26	Introductions, Expectations, Working agreement	
Unit 2	8/4/26	Defining a Counselling Approach	
Unit 3	15/4/26	Intro to Practice - Attending	
Unit 4	15/4/26	Intro to Practice - Responding	
Unit 5	22/4/26	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	22/4/26	Essential Qualities - Acceptance	
Unit 7	29/4/26	Essential Qualities – Genuineness & Empathy	
Unit 8	29/4/26	Integrated Practice	Filming opportunity
Unit 9	6/5/26	Intro to Ethics - Confidentiality	
Unit 10	6/5/26	FILMING	Written assignment due on 6/5/26 by 12noon (1000 words)
Unit 11	13/5/26	Student presentations / 1:1	
Unit 12	13/5/26	Student presentations	
		No Class 20th May 2026	
Module 2	Date		
Unit 1	27/5/26	Review of Mod 1. Working Agreement	
Unit 2	27/5/26	Intro to Structures: Boundaries & Beginnings	
Unit 3	3/6/26	Transitions. Attachment and Loss	
Unit 4	3/6/26	Structures: Middles & Focusing	
Unit 5	10/6/26	Structures: Middles. Change & Challenge	
Unit 6	10/6/26	Sexuality	Filming opportunity
Unit 9	17/6/26	Structures: Endings	
Unit 8	17/6/26	Ethics: Working with Difference	Filming opportunity
Unit 7	24/6/26	Self-awareness. Motives & Values	Written assignment due on 24/6/26 by 12noon (1500 words)
Unit 10	24/6/26	Filming	
Unit 11	1/7/26	Student presentations / 1:1	
Unit 12	1/7/26	Student presentations	
		SUMMER BREAK	
Module 3	Date		
Unit 1	2/9/26	Overview & Working agreement	
Unit 2	2/9/26	Theories	
Unit 3	9/9/26	Humanism & PCT	Audio recording opportunity
Unit 4	9/9/26	Psychodynamic	Audio recording opportunity
Unit 5	16/9/26	Life mapping	
Unit 6	16/9/26	Genograms	
Unit 7	23/9/26	CBT	Audio recording opportunity
Unit 8	23/9/26	Ethics - Power	
Unit 9	30/9/26	Spirituality	
Unit 10	30/9/26	Final audio recording if necessary *Next week off (7/10/26) for transcribing	Transcript & reflection assignment due on 7/10/26 by 12noon (1500 words)
	7/10/26	No class	
Unit 11	14/10/26	Student Transcript & Presentations	Final part of assessment
Unit 12	14/10/26	Student Transcript & Presentations	

		No class 21st October 2026	
Module 4	Date		
Unit 1	28/10/26	Overview/Working agreement	
Unit 2	28/10/26	Gestalt	
Unit 3	4/11/26	Ethics – Boundary issues	
Unit 5	4/11/26	TA	
Unit 4	11/11/26	Social inclusion	
Unit 6	11/11/26	Stress	
Unit 7	18/11/26	Ethics – listener responsibilities – supervision	
Unit 8	18/11/26	Assessment Pt1	Assessment Triad 1
Unit 9	25/11/26	Assessment Pt 2	Assessment Triad 2
Unit 10	25/11/26	Assessment Pt 3	Assessment Triad 3 Written assignment due on 25/11/26 by 12noon (2000 words)
Unit 11	2/12/26	Student final Presentations	Final part of assessment
Unit 12	2/12/26	Student final Presentations	

Assessment dates

Module	1	2	3	4
Written assessment	6/5/26	24/6/26	7/10/26	25/11/26
U10 Filming	6/5/26	24/6/26	30/9/26	x
Presentations	13/5/26	1/7/26	14/10/26	2/12/26