

CS09 Monday (online): 10.00am-12.30pm (morning) and 1.30pm-4.00pm (afternoon),

Tutor: Gillian Dinnie

Guest Speaker sessions: Mondays from 6.30-8.00pm

Induction Session: Monday 6th January 2025 from 6.00-7.00pm – online via Zoom

Module 1	Date		
Unit 1	13/01/25	Introductions, Expectations, Working agreement	
Unit 2	13/01/25	Defining a Counselling Approach	
Unit 3	20/01/25	Intro to Practice - Attending	
Unit 4	20/01/25	Intro to Practice - Responding	
Unit 5	27/01/25	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	27/01/25	Essential Qualities - Acceptance	
Unit 7	03/02/25	Essential Qualities – Genuineness & Empathy	
Unit 9	03/02/25	Intro to Ethics - Confidentiality	
Unit 8	10/02/25	Integrated Practice	
Unit 10	10/02/25	FILMING	Written assignment (1000 words) due by 5pm on 10/02/25
Unit 11	17/02/25	Student presentations	
Unit 12	17/02/25	Student presentations	
Module 2	Date		
Unit 1	SAT am 22/02/25	Review of Mod 1. Working Agreement	
Unit 2	SAT pm 22/02/25	Intro to Structures: Boundaries & Beginnings	
Unit 3	24/02/25	Transitions. Attachment and Loss	
Unit 4	24/02/25	Structures: Middles & Focusing	
Unit 5	03/03/25	Structures: Middles. Change & Challenge	
Unit 6	03/03/25	Sexuality	Filming opportunity
Unit 9	10/03/25	Structures: Endings	
Unit 8	10/03/25	Ethics: Working with Difference	Filming opportunity
Unit 7	SAT am 22/03/25	Self-awareness. Motives & Values	Written assignment due by 5pm (1500 words). On 17/03/25
Unit 10	SAT pm 22/03/25	Filming	
Unit 11	24/03/25	Student presentations / 1:1	
Unit 12	24/03/25	Student presentations	
Module 3	Date		
Unit 1	7/04/25	Overview & Working agreement	
Unit 2	7/04/25	Theories	
Unit 3	SAT am 12/04/25	Humanism & PCT	Audio recording opportunity
Unit 4	SAT pm 12/04/25	Psychodynamic	Audio recording opportunity
Unit 5	14/04/25	Life mapping	
Unit 6	14/04/25	Genograms	

Unit 7	28/04/25	CBT	Audio recording opportunity
Unit 8	28/04/25	Ethics - Power	
Unit 9	12/05/25	Spirituality	
Unit 10	12/05/25	Final audio recording if necessary *Next week off (19/05/25) for transcribing	Transcript & reflection assignment (1500 words) due 19/05/25 by 5pm.
Unit 11	26/05/25	Student Transcript & Presentations	Final part of assessment
Unit 12	26/05/25	Student Transcript & Presentations	
Module 4	Date		
Unit 1	SAT am 7/06/25	Overview/Working agreement	
Unit 2	SAT pm 7/06/25	Gestalt	
Unit 3	9/06/25	Ethics – Boundary issues	
Unit 5	9/06/25	TA	
Unit 4	16/06/25	Social inclusion	
Unit 6	16/06/25	Stress	
Unit 7	23/06/25	Ethics – listener responsibilities – supervision	
Unit 8	23/06/25	Assessment Pt1	Assessment Triad 1.
Unit 9	30/06/25	Assessment Pt 2	Assessment Triad 2. Written Assignment due by 5pm 30/06/25 (2000 words by 5pm).
Unit 10	30/06/25	Assessment Pt 3	Assessment Triad 3.
Unit 11	SAT am 5/07/25	Student final Presentations	Final part of assessment
Unit 12	SAT pm 5/07/25	Student final Presentations	

Guest Speaker Dates TBC