

Issue

11-12

Feb-March,

2016

Newsletter



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eSMART: Randomised controlled trial to evaluate **electronic Symptom Management** using the **Advanced Symptom Management System (ASyMS)** **Remote Technology** for patients with cancer

This eSMART Newsletter was prepared by the eSMART team of Innlandet Hospital Trust. Reading February's & March's issue you can learn about the 3rd eSMART Consortium Meeting hosted by the Norwegian partner and additionally about the Norwegian eSMART team.

WELCOME

We, Innlandet Hospital Trust Division Lillehammer warmly welcomed all participants to the third eSmart Consortium Meeting. For two days we discussed several issues related to the eSmart Study. For us, the research team in Norway, this meeting was a great opportunity to show our colleagues Lillehammer as our city, the region and Norway. Even if there is great difference in the temperature in Athens and Lillehammer this time of year all participants seemed to enjoy the winter and particularly the snow. Participants from all the countries included in the study attended the successful meeting (United Kingdom, Austria, Greece, Ireland and Norway). Representatives from Co-Investigators such as the European Cancer Patient Coalition (ECPC) and Docobo also participated.

The main themes at the meeting were to discuss the experiences from the Feasibility study and preparation for the start of the RCT. The experience with the pilot study was discussed as we all had experienced more amber alerts than expected. A result of the feasibility study was the change in the algorithm in the ASyMS handling symptoms of mucositis. Handling the amber alerts has been changed from, 4 hours to 8 hours due to experiences in the feasibility study and clinical assessment. Docobo has conducted several changes due to response from the clinical sites and testing teams.

Our new Chief Investigator Professor Roma Maguire also led the group in discussions about moving from feasibility study to the RCT.

eSMART News

- **24-25 February 2016:**
3rd Consortium Meeting
Representatives from all the partners had productive meeting just before the start of the RCT.
- **25 February 2016:**
A Public seminar was held at Lillehammer Hospital. [Find out more](#)
- **24-24 February 2016:**
presentation on eSMART at the [2nd Behaviour Change Conference at UCL, London](#)
- **3 March 2016:**
UCD e-SMART team gave a presentation at the [Innovate Ireland Conference](#)

The Newsletter Team



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Innlandet Hospital Trust

Innlandet Hospital Trust is a highly specialized hospital trust in charge of extensive regional and local hospital assignments and the provision of high quality services for the citizens of Hedmark and Oppland Counties involving advanced patient treatment, research and trial treatments and provision of advice and education at an international level. The hospital trust operates at 42 locations in Hedmark and Oppland, including six general hospitals, two psychiatric hospitals, several psychiatric centres (DPS), child and adolescent psychiatric clinics (BUP) and habilitation and rehabilitation units.



This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement number 602289

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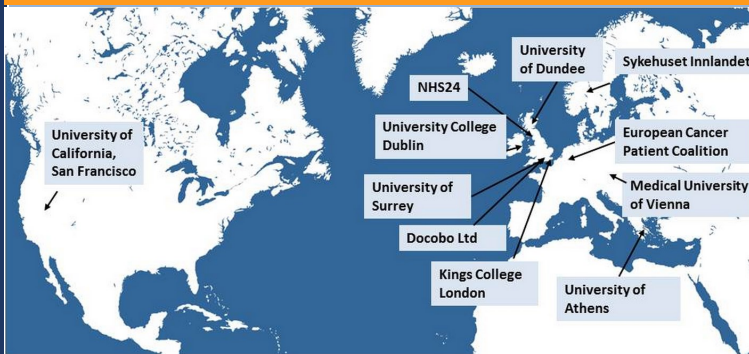
Public Seminar eSMART Public Seminar at Lillehammer of Norway "Mobile Technology to support cancer patients in chemotherapy"



From the left: Geir Berg, Holly Ankjell and Nora Kearney

Geir Berg, leader of the eSMART study in Norway arranged a public seminar on the second day of the consortium meeting. The seminar was marked by several good presentation, including "In between" - Am I sick, how sick am I and what will happen? "By Mrs Holly Ankjell, Special Advisor in eHealth, Norwegian Cancer Society. The first half of Holly's presentation focused upon patients' experiences of having cancer, especially the feelings of uncertainty and fear. The Norwegian Cancer Society are keen to explore how digitalisation of health services and innovation in this area can help to meet the needs of cancer patients, and enable patients to take a more active role in their own healthcare. In the second half of her presentation, Holly presented the findings of a survey they conducted to explore what members of the Norwegian public think about digital health services. Additionally the public seminar included a presentation about Personalized Medicine and Supportive Care by Professor Alex Gaiger and shared decision-making including the presentation of a newly developed Norwegian decision aid was presented by Simone Kienlin. Of course the eSMART-study was a key part of the seminar and was presented by Professor Nora Kearney and Professor Roma Maguire who spoke about "Esmart - Looking to the Future" and "The Future of eHealth and Cancer Care".

Location of eSMART Partners map



Location of eSMART Clinical Sites



eSMART PARTNERS



Partner	Clinical Site	Partner	Clinical Site
Vienna	Medical University Vienna	Athens	Agioi Anargiri Cancer Hospital
			Metropolitan Private Hospital
Dublin	St James's Hospital		Air Force General Hospital
	University Hospital Waterford	Oslo	Innlandet Hospital Trust
	St Vincent's University Hospital	London	Mount Vernon Cancer Centre
	St Vincent's Private Hospital		Guy's and St Thomas'
			St George's London



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Dr. Geir V. Berg is a RN with a MNSc and a doctorate in Public Health. He has responsibility for the research in Lillehammer Hospital and also works in NTNU (Norwegian University of Science and Technology) in Gjøvik as a lecturer. Dr. Berg is involved in several clinical research and development project, but eSmart is his first international project.

"I enjoy spending time with my family, dogs and friends, hiking, cross country skiing, hunting, cooking and tasting good wine."

Dr. Geir V. Berg
Norway eSMART Partner Leader



Simone Kienlin
Research Fellow at the Innlandet Hospital Trust in Norway

Simone Kienlin is a Research Fellow at the Innlandet Hospital Trust in Norway, working with the eSMART study. She also works as a project coordinator for a project regarding shared decision making in the South-eastern regional health authority in Norway. Simone is a registered nurse and has a Masters degree in Health and empowerment. "In my spare time, i am interested in physical activity such as cross-country skiing and cycling, in meeting friends, traveling and cooking."



Kari Arnoygard, Gunvor Hjelle, Kari-Lise Skreden and Heidi Behrns (from the left to the right). These registered nurses are working at the oncological day clinic in Lillehammer, Norway. They are going to help recruiting patients and managing alerts. "We are ready and excited to start with the RCT".

PREVIOUS ISSUES

The eSMART Newsletter is a monthly way to share the latest news and information about eSMART project.

Each edition provides updates regarding study's progress, meetings & publications and up-coming events. It also includes a focus on a specific clinical site, introducing key people and sharing patients' experiences and "clinical pearls".

Each issue reaches inboxes on the beginning of the month.

If you wish to receive the eSMART Newsletter automatically every month, please provide us your email address. You can also find previous issues of eSMART Newsletter [here](#).

YOUR FEEDBACK

We value your opinion and invite you to share your thoughts about the eSMART newsletter with us: esmart@surrey.ac.uk



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