

Issue
25

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2017

Newsletter



eSMARTproject.eu

@eSMART_EU

glasgow-esmart@strath.ac.uk

eSMART: Randomised controlled trial to evaluate electronic Symptom Management using the Advanced Symptom Management System (ASyMS) Remote Technology for patients with cancer

Welcome to our eSMART Newsletter, prepared by the KCL team. In this issue you can be updated about the recruitment and patients' follow up among our clinical sites in United Kingdom, Ireland, Greece, Austria and Norway. You can also read about important study news and eSMART partners research activities. Enjoy our Newsletter!!



Dr Jo Armes, King's
College London

Welcome to the summer edition of the eSMART newsletter from King's College in an unusually hot and sunny London! We hope you have all been enjoying your summers so far. We'd particularly like to welcome University College Hospital London to the eSMART study as they have started recruiting to the feasibility study and should soon start recruitment to the main trial. We're delighted that the study is a third of the way to its target for recruitment thanks to all your hard work – it's a great achievement! As of 1st September 2017 the KCL Work Package 3 team will move to the University of Surrey where I will take up a new post as Reader in Cancer Nursing, we're working hard to minimise any disruption to the study but please be aware we may be a bit slower to respond to emails etc around the time of the move. For those of you taking holiday over the next few months we wish you a restful and enjoyable time!

eSMART Recruited Figures

Over-time recruitment performance: Overall

■ n — monthly average
n=477

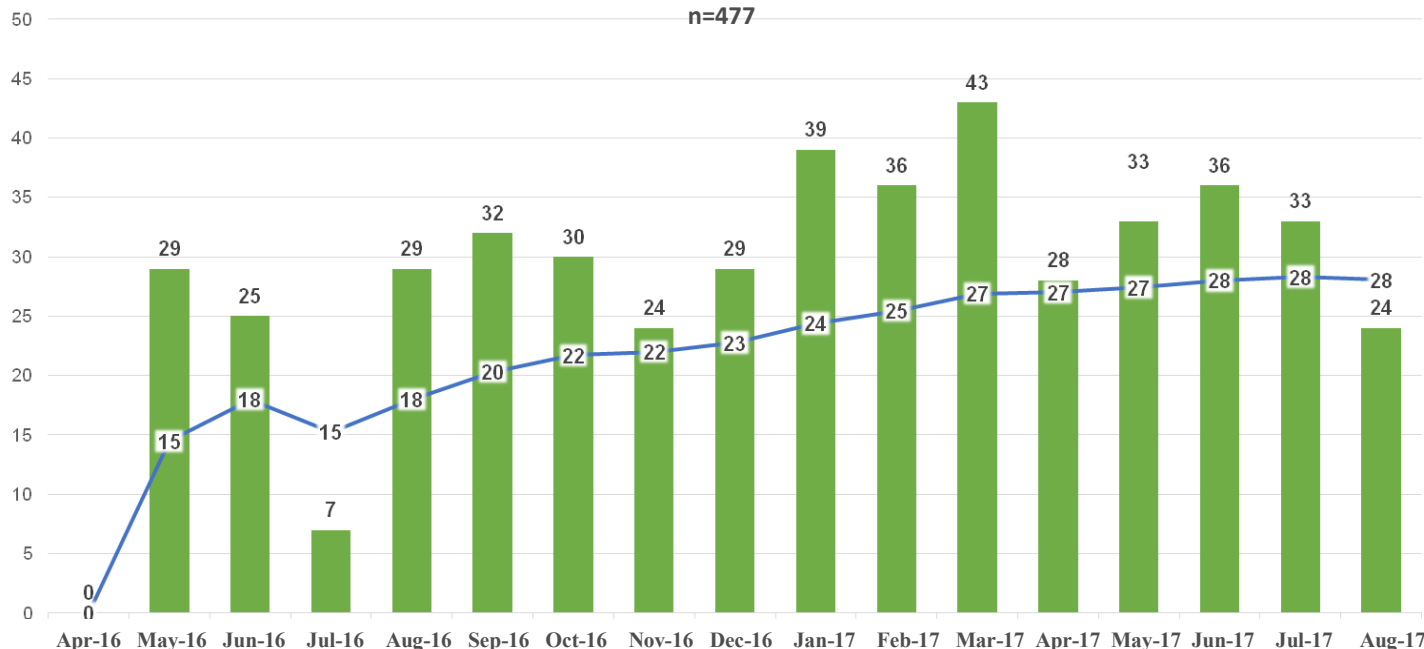
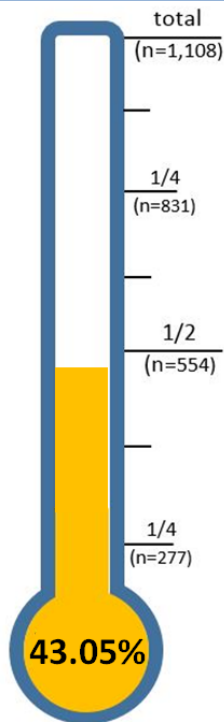


Figure 1. Overtime total recruitment performance. Up to 25-08-2017, we have 477 patients recruited in total to the study.



This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement number 602289

Recruitment Update



Recruitment thermometer

The data collection started in May 2016, and currently 477 patients have been recruited:

- 349 with breast cancer,
- 79 with colorectal cancer and,
- 49 with haematological malignancies

from the 13 participated clinical sites across Europe. The average number of recruited patients per month is 28.

Approximately, 300 patients have entered the follow up phase (find more below).

Although, there are several challenges of conducting an international nursing study of a technological innovation, patients are willing to accept randomisation into the study and attrition remains low.

The recruitment is ongoing and data collection ends in September 2018.



Focus on the one-year follow up (Work Package 3)

In this section we are focusing on the progress of Work Package 3. We would like to start off with a big 'Thank You!' to all clinical sites for your continued dedication in data collection for the follow up phase.

As the Table 1 shows, we are approaching 300 patients in the follow-up phase, with approximately 72% response at Transition PROM and just over 75% at 3 month PROM.

Table 1: 3-12 month total figures

	Transition	3 months	6 months	9 months	12 months
Patients' number	292	203	138	44	2
Completed PROMS	209	152	87	Not yet known	Not yet know
Response rate	72%	75%	63%	N/A	N/A

Table 1 shows the great response rates we have had at each time point up to 31/07/17.



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2017 PROMs Research Conference; Advances in Patient Reported Outcomes Research Conference



Teresa Young, Mount Vernon Cancer Centre

2017 PROMs Research Conference; Advances in Patient Reported Outcomes Research Conference 8th June 2017 at St Anne's College, Oxford.

Teresa Young, who is leading recruitment to the eSMART study at Mount Vernon Cancer Centre, gave an oral presentation providing an overview of the eSMART study which was very well received.

This excellent one-day conference brought together researchers from across the UK and Ireland to engage with the latest advances in the field of PROMs research and implementation.

Plenary speakers included Jose Valderas and Galina Velikova. If you're interested, slides for the oral sessions are available at <https://www.kc-jones.co.uk/proms2017>.

Are you new to eSMART? Or just need some refresher training? Our new training session may be for you!

The University of Strathclyde eSMART Team will be offering brief online eSMART training sessions from this September. This interactive and supportive session will cover all aspects of the eSMART RCT and the follow up phase. The session will include lots of opportunity to ask questions and discuss any aspects of the study with researchers from WP2 and WP3.

Please let your eSMART colleagues know about this session. Maybe they are new to the study or just need a quick refresher of the key study points. Interested? Please register your interest at glasgow-esmart@strath.ac.uk, letting them know your main reason for wanting to attend, so we can tailor the session to your needs.



PREVIOUS /UPCOMING EVENTS

8th June 2017, St Anne's College, Oxford: [2017 PROMs Research Conference](#); Advances in Patient Reported Outcomes Research Conference, oral presentation by Teresa Young, Mount Vernon Hospital

March 2017: [RCSI 36th Annual International Nursing & Midwifery Research and Education Conference 2017](#)

Presentation by UCD team: "Integration of ASyMS into cancer care in Europe"

Poster by UCD team:

"Scoping review of the assessment and management of chemotherapy-related toxicity to ensure that the eSMART intervention is evidence based and reflects current and local practice"



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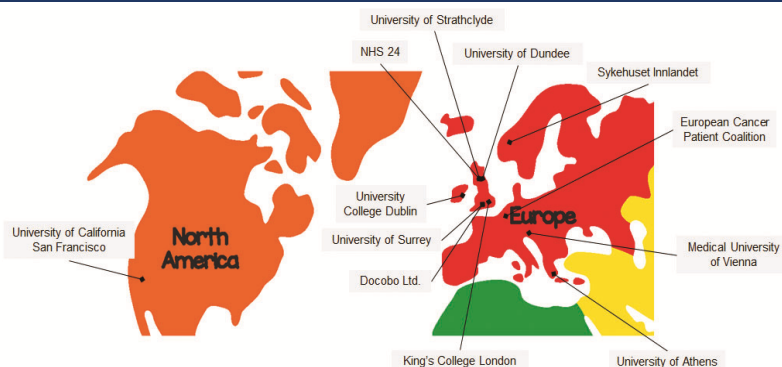
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eSMART PARTNERS



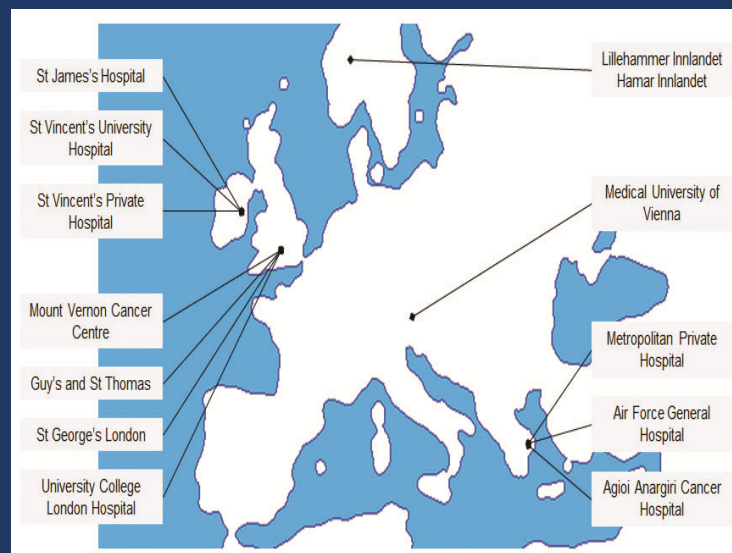
Location of eSMART Partners map



Partner	Clinical Site
MUV	Medical University Vienna
UCD	St James's Hospital
	St Vincent's University Hospital
	St Vincent's Private Hospital
UoA	Agioi Anargiri Cancer Hospital
	Metropolitan Private Hospital
	Air Force General Hospital

Partner	Clinical Site
UoStrath	University College Hospital London
Sykehuset Innlandet	Innlandet Hospital Trust
	Hammar Innlandet
KCL	Mount Vernon Cancer Centre
	Guy's and St Thomas'
	St George's London

Location of eSMART Clinical Sites



YOUR FEEDBACK

We value your opinion and invite you to share your thoughts about the eSMART newsletter with us: glasgow-esmart@strath.ac.uk

PREVIOUS ISSUES

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The Newsletter Team



Prof Elisabeth Patiraki
University of Athens
Editor



Prof Christine Miaskowski
University of California,
San Francisco



Dr Stylianos Katsaragakis
University of Peloponnese



Francesco Florindi
ECPC



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