

Issue

March - May

28

2018

Newsletter



eSMARTproject.eu

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eSMART: Randomised controlled trial to evaluate **e**lectronic **S**ymptom **M**anagement using the **A**dvanced Symptom Management System (**A**SyMS) **R**emote **T**echnology for patients with cancer

The Spring 2018 eSMART Newsletter Issue is here to keep you updated about the project's news and recent recruitment achievements! This edition has been prepared by the eSMART team at University College Dublin, in which it will have a special feature on the recent eSMART Consortium Meeting which was held at UCD School of Nursing, Midwifery and Health Systems, University College Dublin in April 2018. Hope to enjoy it!

eSMART upcoming events



EONS 11 Congress

20-22 October 2018, Munich, Germany

Dr Lisa MaCann is going to talk about "Linking patient-reported outcomes and symptom management, The eSMART study", during the Session: New cancer nursing roles, innovation in action, on Monday 22nd October 2018.

eSMART past events

eSMART Public Seminar

Wednesday 25th April 2018, Dublin, Ireland

The eSMART public seminar on the topic of 'Advancing Cancer Care using Technology' took place at 13:00-16:30 at UCD Nursing, Midwifery and Health Systems. Find out more on p.4

The UCD Team of eSMART researchers are:

- Dr Eileen Furlong
- Dr Trish Fox
- Andrew Darley, Project Manager and
- Bernadette Crowe, Research Nurse



Dear Readers,

Welcome to the Spring 2018 edition of the eSMART Newsletter from University College Dublin (UCD).

In this edition of the Newsletter, we would firstly like to welcome and introduce the new team members who have recently joined the eSMART team.

Secondly, we will give an update on the recruitment figures across Europe as we enter into the final year of the study. We have made great progress in recent months, thanks to our clinical colleagues and researchers, and we are positive that we will reach our overall goal.

Thirdly, we would like to focus on the eSMART Consortium Meeting which was held in UCD School of Nursing, Midwifery and Health Systems, Dublin in April 2018. This event brought together all the partners from eSMART for our annual face-to-face meeting which was very productive and informative. The Consortium Meeting also involved the hosting of a public seminar at UCD, entitled 'Advancing Cancer Care using Technology', where invited eSMART team members and clinicians spoke about their research and other areas of digital health interventions in cancer care.

We hope you enjoy reading!

Go n-éirí leat (Best Wishes in Irish Gaelic),
The UCD eSMART Team



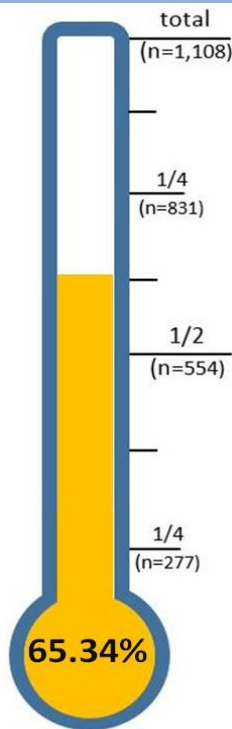
Left to right: Dr Patricia Fox, Mr Andrew Darley, Dr Eileen Furlong



This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement number 602289

Newsletter

Recruitment Update



Recruitment thermometer

There are now 724 participants on the study, since recruitment began in May 2016. We would like to say thank you to all our researchers and clinical colleagues for all their work over the past two years for identifying and recruiting eligible participants. This current total is a great achievement for the study. The average number of recruited patients per month is 28. With only a few months to go, we are confident that we can reach over our overall target. Across our five countries (Ireland, Greece, Austria, Norway and the United Kingdom), our participants include:

- 510 with breast cancer,
- 132 with colorectal cancer and,
- 82 with haematological malignancies

Additionally, more than 500 patients have entered the follow up phase of the trial, which focuses on survivorship quality of life. Table 1 shows that overall response rate remains excellent. (Note: Data provisional extracted 05/06/2018)

	3 months	6 months	9 months	12 months
Patients number	474	406	318	218
Completed PROMS	354	283	229	146
Response rate	75%	70%	72%	67%

As more patients are reaching the 12 month PROMs, we would like to remind our team to complete the 'End of Study information' and send the participant the relevant 'Thank You letter'. Although, there are several challenges to conducting an international nursing study of this kind, overall patient participation has been healthy and attrition rates remain low. The recruitment is ongoing and data collection is expected to be completed in December 2018. Further information on recruitment rates from all clinical sites are illustrated in the graphic below (Figure 1).

eSMART Recruited Figure

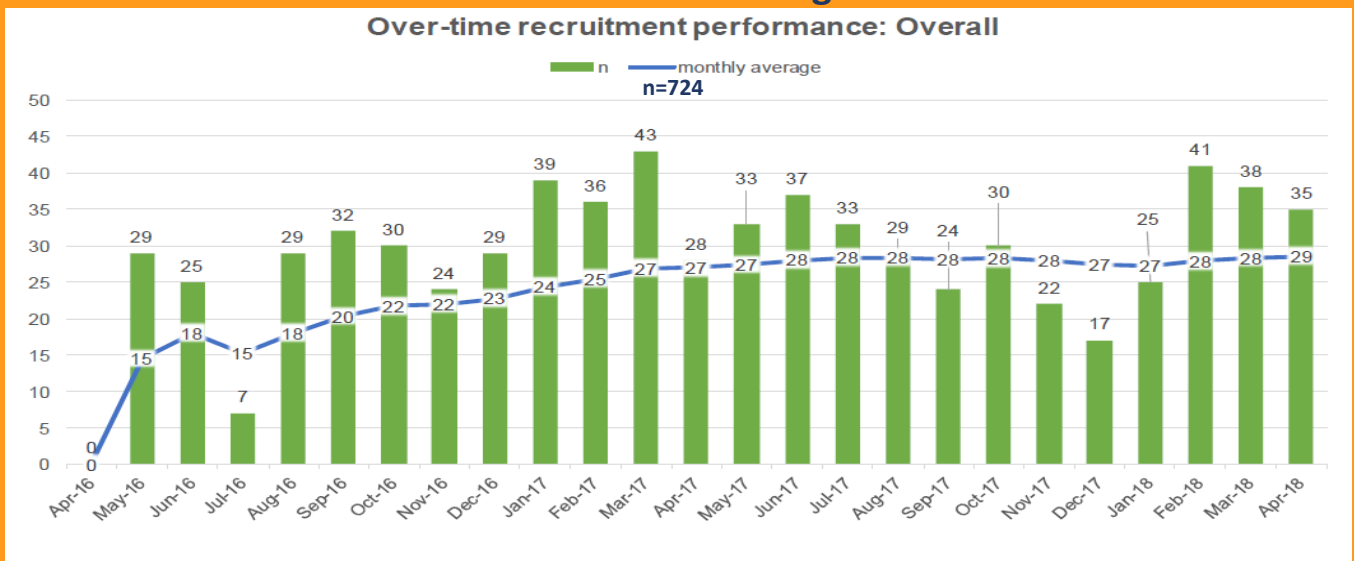


Figure 1. Total recruitment performance over time. Up to 04-06-2018, we have 724 patients recruited in total to the study.



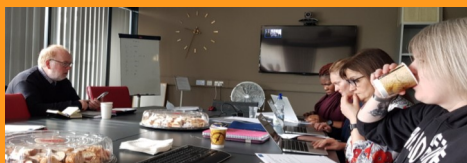
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eSMART Consortium Meeting 2018



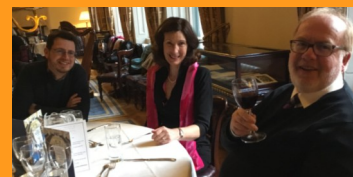
Following months of preparations, this year's eSMART Consortium Meeting was held in UCD School of Nursing, Midwifery and Health Systems, Dublin (April 24th – 26th).

Our partners were welcomed to UCD on April 24th for a day of meetings, including an advisory board meeting, management board meeting and individual meetings on the relevant work packages involved in the study. Team members who were unable to be with us in person participated via tele-conferencing.



Later that evening, the team visited the Dun Library in the Royal College of Physicians, located

in Dublin's lively city centre, where discussions continued around the trial and team members heard about each other's work. We were delighted to have some of our clinical colleagues attend from St James's Hospital, St Vincent's University Hospital and St Vincent's Private Hospital. The evening had a special touch with the beautiful music of a traditional Irish harp, performed by Dr Alison Buick, who specially travelled from Belfast to be with us.



The second day of Consortium Meeting began with individual work package meetings, mainly focusing on the analysis of the eSMART study data. On the final morning, the Technical Board Meeting was held which revisited all the work package discussions from the previous two days. Discussions were held on our goals and plans for the final months of the trial and dissemination plans. Once the meeting was complete, members were invited to go on a tour of UCD before heading home.



It was lovely having you all here in Dublin and being able to show you our campus, colleagues and culture. We hope that we may see you here again in the future.



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eSMART Public Seminar 2018

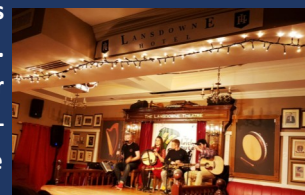


The second day, as part of the annual research event, a public seminar took place at the University College Dublin (UCD). The eSMART team hosted a Public Seminar at the School of Nursing, Midwifery and Health Sciences at UCD, under the theme of 'Advancing Cancer Care Using Technology'. Speakers included; Professor Roma Maguire (Professor of Digital Health and Care and Director of Research), Professor Lisa McCann (Senior Lecturer in Digital Health and Care), Professor Giuseppe Gullo (Consultant Medical Oncologist), and Catherine O'Brien (Advanced Nurse Practitioner), Mr Andrew Darley (eSMART Project Manager and PhD Researcher), who presented on different aspects on the use of technology in cancer care.

We were delighted to see full attendance to this event which comprised an audience of academics, clinicians and researchers. Each presentation (please see the Programme below) invited interesting questions and resulted in engaging discussions on the eSMART system and the role of technology in cancer care and beyond.



In the evening, the team attended the Irish House Party at Dublin's Lansdowne Hotel. This involved dinner and discussions, followed by a live performance by a traditional Irish band. It was great fun and a lovely way to spend the final evening with the team – some members even learned a few Irish dancing moves!



Welcome to New Team Members



Tosin Okelade

My name is Tosin Okelade, I recently joined the eSMART group as project Co-ordinator, University of Strathclyde. With a BSc and MA in Accounting and Business Management, I have worked in research support for over two years managing European and Overseas funded research projects, with a successful track record of delivering a portfolio of European funded research projects, worth in excess of €20million. These global, multi-partner projects spanned diverse fields as Ecology, Gravitational Waves experiments and Labour efficiency of tertiary adult Education. My area of expertise are EU/Overseas Funding, Research costing/Budgets, Project Reporting and administration, prior to that I worked for over seven years in Finance and Trade management within a multinational company and Corporate Banks. I look forward to working with you all on matters relating to the consortium budget, EU reports, Project administration and the future H2020 bid!



Olubukola Oduntan

Research Associate,
University of Strathclyde

"I'm Bukola, I am finishing my PhD at Strathclyde School in the department of Computer and Information Sciences, University of Strathclyde. I have experience of qualitative and quantitative data analysis across industry and academia. I am excited to work on the eSMART project, it is my first post-doctoral research experience and I look forward to contributing to the qualitative aspects and related areas of the project"



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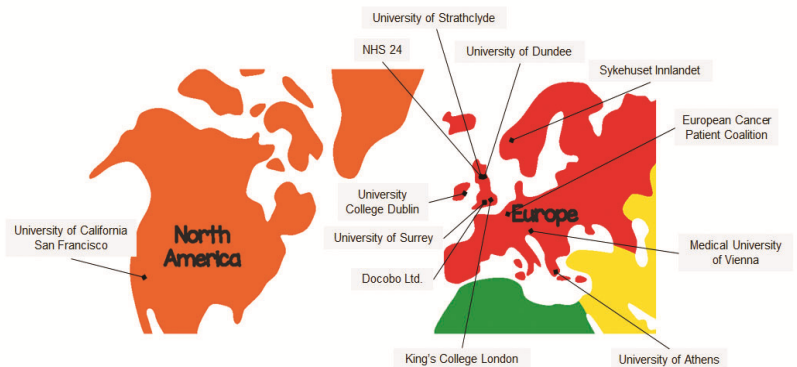
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eSMART PARTNERS



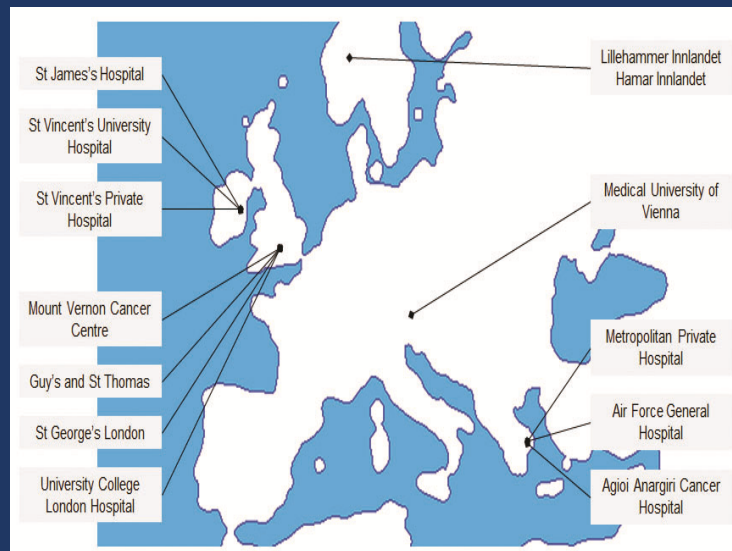
Location of eSMART Partners map



Partner	Clinical Site
MUV	Medical University Vienna
UCD	St James's Hospital
	St Vincent's University Hospital
	St Vincent's Private Hospital
UoA	Agioi Anargiri Cancer Hospital
	Metropolitan Private Hospital
	Air Force General Hospital

Partner	Clinical Site
UoStrath	University College Hospital London
Sykehuset Innlandet	Innlandet Hospital Trust
	Hammar Innlandet
UoSurrey	Mount Vernon Cancer Centre
	Guy's and St Thomas'
	St George's London

Location of eSMART Clinical Sites



YOUR FEEDBACK

We value your opinion and invite you to share your thoughts about the eSMART newsletter with us: glasgow-esmart@strath.ac.uk

PREVIOUS ISSUES

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