

WELCOME

Welcome to the June issue of our eSMART newsletter. Thanks to the cooperative and productive work of all the partners eSMART historical study is about to start. Our ambitious recruitment target is 1108 patients across Europe. Are you ready to offer every patient who meets the inclusion criteria the opportunity to participate?

eSMART NEWS

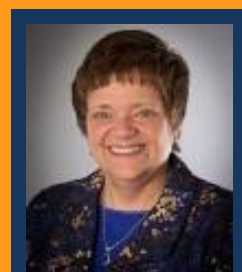
“GO” - IT IS TIME TO BEGIN!!!!

The June issue of the eSMART newsletter ends the READY, SET, GO series. So what does the idea of “GO” really mean? After all of the hard work of writing the grant application, receiving funding, receiving input on how to conduct the trial from all of our partners, translating all of the questionnaires, getting the systems in place to use the “smart phone” technology across Europe, and training the clinicians across our clinical sites – we are ready to recruit oncology patients into this historic study.

The recruitment and retention of patients into this study needs to be our top priority. We need to consider every patient we care for over the next four years as a potential study participant. We need to offer every patient the opportunity to participate in our trial if they meet our study’s inclusion criteria. Please remember that our enthusiasm for this study will influence patients’ decisions about participating

in the study. As a reminder, while we cannot coerce patients, we can provide them with all of the information about the purposes of the study; the procedures that they will need to follow; the expected benefits to themselves and others; and the importance of the study to the care of oncology patients.

The recruitment targets for each site per month are illustrated in the following Figure:



Prof Christine Miaskowski
University of California



With each subsequent issue of the newsletter, we will publish the number of patients recruited at each site. As we begin the recruitment of patients into our study, we would like to encourage some “friendly” competition within and across our clinical sites. Perhaps the oncology nurses at each site could “compete” to see who enrolls the most patients into the study on a monthly basis. If each nurse on the unit does his or her part – we will reach our targeted recruitment goals in record time.

In every subsequent issue of the newsletter, we will aim for foster the “friendly” competition across research sites. To achieve this goal, we will summarize the number of patients recruited at each site within the context of each site’s recruitment goal. The ideal situation would be to have every single site recruit the required number of patients per month to reach the total sample size needed for this intervention study.

In future issues of the eSMART newsletter, we will feature each of our clinical sites. We encourage you to share your success stories with patient recruitment and retention as part of your featured presentation.



The eSMART project aims to demonstrate benefits for patients with cancer using a real-time, mobile phone based remote patient monitoring system, the Advanced Symptom Management System (ASyMS). It is anticipated to greatly improve patient outcomes and delivery of care both during and after chemotherapy treatment.

[+ Find out more](#)

eSMART IN CONGRESS

■ [ECPC Annual General Meeting 2015](#)
19th-21st June, 2015

Professor Nora Kearney: “eSMART: mHealth in cancer supportive care”

Prof. Nora Kearney, Head of the School of Health & Social Care and Professor of Cancer Care, University of Surrey chaired together with Kathi Apostolidis, ECPC Vice-President a session on Clinical Trials at the Annual General Meeting of ECPC, that took place in Brussels from June 19 to 21, 2015.

[+ Find out more](#)

eSMART PARTNERS



PREVIOUS ISSUES

The eSMART Newsletter is a monthly way to share the latest news and information about eSMART project.

Each edition provides updates regarding study’s progress, meetings & publications and up-coming events. It will also include a focus on a specific clinical site, introducing key people and sharing patients’ experiences and “clinical pearls”.

Each issue reaches inboxes at the beginning of the month. If you wish to receive the eSMART Newsletter automatically every month, please provide us your email address. You can also find previous issues of eSMART Newsletter [here](#).

THE NEWSLETTER TEAM

Prof Elisabeth Patiraki, Editor
Prof Christine Miaskowski
Dr Stylianos Katsaragakis
Dr Annegret Schneider
Mr Francesco Florindi

YOUR FEEDBACK

We value your opinion and invite you to share your thoughts about the eSMART newsletter with us: esmart@surrey.ac.uk