



# Principles for Good Practice: Neurodiversity

- **Collaboration** – collaboratively create an effective environment which meets the client's individual needs without assuming preferences for sensory, processing, physical expression, or language.
- **Transparency** – encourage the client to be clear about their needs. It's ok to do things differently.
- **Awareness** – build awareness and congruence around own biases, limitations, assumptions, neurotype, and potential over-identification. Consider the potential limitations of your 'standard' practice (e.g. use of outcome measures). Identify gaps in knowledge and seek CPD which includes lived experiences of neurodivergence.
- **Respect** – strive to understand and accept of the client's uniqueness within their neurotype and respect their individual frame of reference without assumptions, corrective language, or misinterpretation.