

Useful Organisations

Name of Organisation	Contact details	Service provided
Amina	www.mwrc.org.uk 0808 801 0301	Helpline for Scotland providing support to women from minority backgrounds who have been affected by violence against women. Support is available in English, Urdu, Arabic, Bangla and Swahili. Service also runs a VAW awareness programme <ul style="list-style-type: none"> • Helpline Open: Mon-Fri - 10am – 4pm
National LGBT Domestic Abuse Helpline	www.galop.org.uk/domestic abuse 0800 999 5428	National helpline providing emotional and practical support for LGBT people experiencing domestic abuse. An online chat service is available two days a week <ul style="list-style-type: none"> • Helpline open: Mon-Thu - 10am-5pm; Fri - 1pm-5pm; Sun - 12pm-4pm • Online Chat: 3pm-7pm Sat & Sun
Childline	www.childline.org.uk 0800 1111	National helpline providing support to children under 19 on wide range of issues. <ul style="list-style-type: none"> • 24-hour helpline • Chat online 1-2-1 with a counsellor (24/7) • Email a counsellor (response within a day) • Message Boards
Glasgow Women's Aid	www.glasgowwomensaid.org.uk 0141 553 2022	Provide information, support and refuge accommodation to women, children and young people who are experiencing domestic abuse. <ul style="list-style-type: none"> • Operate an office drop in • Contactable by phone and online form
Hemat Gryffe Women's Aid	www.hematgryffe.org.uk 0141 353 0859	Provide information, support and refuge accommodation to women, children and young people from Asian, Black and Minority Ethnic Groups in Scotland. <ul style="list-style-type: none"> • 24 hour emergency service line.
Human Resources	www.strath.ac.uk/hr 0141 548 4476	Provide support to employees of University of Strathclyde <ul style="list-style-type: none"> • Drop-in/call/email Mon-Fri – 9am-5pm • Online self-help guides
Men's Advice Line	www.mensadvice.org.uk 08/08 801 0327	Confidential helpline for any man experiencing domestic violence and abuse from a partner (or ex-partner). <ul style="list-style-type: none"> • Helpline open Mon-Fri 9am-5pm • Voicemail available – aim to contact within 2 working days
National Domestic Violence Helpline	www.nationaldomesticviolence helpline.org.uk 0808 2000 247	National service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. Run in partnership between Refuge and Women's Aid <ul style="list-style-type: none"> • Helplines open 24/7 • Voicemail available – aim to contact at a safe time/within 30 mins
NSPCC	www.nspcc.org.uk 0808 800 5000	Helpline for adults to get advice or share their concerns about a child. <ul style="list-style-type: none"> • Helpline open 24/7 • Online reporting available
Refuge	www.refuge.org.uk	Provide safe refuge accommodation to women, children and young people who are experiencing domestic abuse. <ul style="list-style-type: none"> • Contact via National Domestic Violence Helpline

roshni	www.roshni.org.uk 0808 802 2222	Addressing issues and providing support for minority ethnic communities across Scotland. Tackling Forced Marriage Unit provides access to support for victims and potential victims of forced marriage. <ul style="list-style-type: none"> • Helpline open: Mon-Fri – 9am-5pm
Say Women	www.say-women.co.uk 0141 552 5803	Voluntary organisation offering safe, supported accommodation and related services for women, aged 16-25 years, who are survivors of childhood sexual abuse, rape or sexual assault and who are homeless or threatened with homelessness. <ul style="list-style-type: none"> • Offer information about the issues • Online referral available
Staff Counselling	www.livewell.optum.com 0800 282 193	Provide counselling and support to employees of University of Strathclyde <ul style="list-style-type: none"> • Online: password to access • Telephone and face to face counselling
Student Counselling	www.strath.ac.uk/studentcounselling 0141 548 3510	Provide counselling and support to students of University of Strathclyde <ul style="list-style-type: none"> • face to face counselling, Mon –Fri 9am-5pm • Out of hours- Phone number to Nightline, Breathing Space & Samaritans
Student Union	www.strathstudents.com 0141 567 5000	Provide support to students of University of Strathclyde <ul style="list-style-type: none"> • Drop- in, online chat or call – 10am until 4pm • Out of Hours -Nightline
Shakti	www.shaktiedinburgh.co.uk 0131 475 2399	Provide support for black minority ethnic (BME) women, children and young people who are experiencing, or who have experienced, domestic abuse. Provide support in Arabic, Hindi, Mandarin, Polish, Portuguese, Punjabi, Spanish, Swahili and Urdu <ul style="list-style-type: none"> • Online referral form , telephone
UCU/NUT	www.strath.ac.uk/ucu www.strath.ac.uk/unison	Unions recognised by University of Strathclyde <ul style="list-style-type: none"> • Email contact
Victim Support	www.victimsupport.org.uk 0808 168 9111	Providing support to anyone affected by crime (regardless of whether it has been reported to the police). Helpline hours: Mon-Fri – 8pm-8am; Sat & Sun 24hrs <ul style="list-style-type: none"> • Online Support • Telephone , face to face for local Victim Support
Women’s Support Project	www.womenssupportproject.co.uk 0141 418 8420	Feminist voluntary organisation working to raise awareness of the extent, causes and effect of male violence against women, and for improved services for those affected by violence. <ul style="list-style-type: none"> • Telephone • email
Young Women’s Centre	0141 276 1874	Offers support to young women (between 12-18 years) who are at risk of sexual exploitation, abuse or escalation through the judicial system. Telephone support is available Mon-Fri – 8.45am-4.45pm <ul style="list-style-type: none"> • Drop in for current clients only, telephone support, face to face

If you would like to talk to someone about the project, please contact equallysafe@strath.ac.uk