

## 3.9 Support Organisations

### INSTITUTION

Name	Contact details	Service provided
Advice Centre	[add institution details]	[add institution details]
Human Resources	[add institution details]	[add institution details]
Nightline	[add institution details]	[add institution details]
Staff Counselling	[add institution details]	[add institution details]
Student Counselling	[add institution details]	[add institution details]
Student Disability, Health and Counselling Services	[add institution details]	[add institution details]
Student Union	[add institution details]	[add institution details]
University Security	[add institution details]	[add institution details]
Student Association Advice Hub	[add institution details]	[add institution details]

### EXTERNAL ORGANISATIONS

Name	Contact details	Service provided
Amina	www.mwrc.org.uk 0808 801 0301 0141 212 8420	Helpline for Scotland providing support to women from minority backgrounds affected by violence against women. Support is available in English, Urdu, Arabic, Bangla and Swahili. Service also runs a VAW awareness programme.  ■ Helpline open: Mon-Fri – 10am-4pm
Childline	www.childline.org.uk/ 0800 1111	National helpline providing support to children under 19 on wide range of issues.  ■ 24-hour helpline ■ Chat online 1-2-1 with a counsellor (24/7)
[Insert local Women's Aid Group]	[insert local contact information]	Provide information, support and refuge accommodation to women, children and young people who are experiencing domestic abuse.  ■ Operate an office drop in ■ Contactable by phone and online form
Glasgow & Clyde Rape Crisis Centre	www.glasgowclyderapecrisis.org.uk 08088 00 00 14	Glasgow & Clyde Rape Crisis Centre helpline. Free and confidential support and information for women and men affected by sexual violence no matter when or how it happened.  ■ Freephone, open 7 days, 6pm to Midnight. ■ Open 7 days a week between 11am and 2pm and Monday to Thursday ■ between 5.30pm and 7.30pm
Or [Insert local Rape Crisis Centre]	[insert local contact information]	

Hemat Gryffe Women's Aid	<a href="http://www.hematgryffe.org.uk">www.hematgryffe.org.uk</a> 0141 353 0859	Provide information, support and refuge accommodation to women, children and young people from Asian, Black and Minority Ethnic Groups in Scotland.  ■ 24 hour emergency service line
Men's Advice Line	<a href="http://www.mensadvice.org.uk">www.mensadvice.org.uk</a> 0808 801 0327	Confidential helpline for any man experiencing domestic violence and abuse from a partner (or ex-partner).  ■ Helpline open Mon-Fri 9am-5pm ■ Voicemail available – aim to contact within 2 working days
National Domestic Violence Helpline (Rest of UK)	<a href="http://www.nationaldomesticviolencehelpline.org.uk">www.nationaldomesticviolencehelpline.org.uk</a> 0808 2000 247	National service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. Run in partnership between Refuge and Women's Aid Helplines open 24/7.  ■ Voicemail available: aim to contact at a safe time/within 30 mins
National LGBT Domestic Abuse Helpline	<a href="http://www.galop.org.uk/domesticabuse">www.galop.org.uk/domesticabuse</a> 0800 999 5428	National helpline providing emotional and practical support for LGBT people experiencing domestic abuse. An online chat service is available two days a week.  ■ Helpline: Mon-Thu: 10am-5pm; Fri: 1pm-5pm; Sun: 12-4pm ■ Online Chat: 3pm-7pm Sat & Sun
National Rape Crisis Helpline (Scotland)	<a href="http://www.rapecrisisscotland.org.uk/helphelpline/">www.rapecrisisscotland.org.uk/helphelpline/</a> 08088 01 03 02  Or if you are deaf or hard of hearing on minicom number 0141 353 3091	Rape Crisis Scotland's national helpline. Free and confidential support and information for women and men affected by sexual violence no matter when or how it happened. Provides contact details for local rape crisis centres.  ■ Freephone, open 7 days, 6pm to Midnight
NSPCC	<a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a> 0808 800 5000	Helpline for adults to get advice or share their concerns about a child.  ■ Helpline open 24/7 ■ Online reporting available
Refuge	<a href="http://www.refuge.org.uk">www.refuge.org.uk</a> 0808 2000 247	Provide safe refuge accommodation to women, children and young people who are experiencing domestic abuse.  ■ Contact via National Domestic Violence Helpline
Say Women	<a href="http://www.say-women.co.uk">www.say-women.co.uk</a> 0141 552 5803	Voluntary organisation offering safe, supported accommodation and related services for women, aged 16-25 years, who are survivors of childhood sexual abuse, rape or sexual assault and who are homeless or threatened with homelessness.  ■ Offer information about the issues ■ Online referral available

Scotland's Domestic Abuse and Forced Marriage	www.sdafmh.org.uk 0800 027 1234	Helpline is there to support anyone with experience of domestic abuse or forced marriage, as well as their family members, friends, colleagues and professionals who support them. They provide a confidential, sensitive service to anyone who calls us.  ■ Freephone 24hour helpline
Scottish Woman's Right's Centre	www.scottishwomensrightscentre.org.uk 08088 010 789	Available to any woman in Scotland looking for legal information or advice. The helpline is run by our solicitor and advocacy worker, staff from JustRight Scotland supported by Rape Crisis Scotland and students from the University of Strathclyde Law Clinic.  ■ Freephone Tuesdays 6-9pm; Wednesdays 1.30-4.30pm; Fridays 10am-1pm
Shakti	www.shaktiedinburgh.co.uk 0131 475 2399	Helpline for Scotland providing support to black minority ethnic women, children and young people who are experiencing, or who have experienced, domestic abuse. Provide support in Arabic, Hindi, Mandarin, Polish, Portuguese, Punjabi, Spanish, Swahili and Urdu.  ■ Online referral form, telephone
UCU/NUT	[insert contact information]	Unions recognised by University of Strathclyde.  ■ Email contact
Victim Support	www.victimsupport.org.uk 0808 168 9111	Providing support to anyone affected by crime (regardless of whether it has been reported to the police).  ■ Helpline hours: Mon-Fri – 8pm-8am; Sat & Sun 24hrs ■ Online Support ■ Telephone , face to face for local Victim Support
Women's Support Project	www.womenssupportproject.co.uk 0141 418 0748	Feminist voluntary organisation working to raise awareness of the extent, causes and effect of male violence against women, and for improved services for those affected by violence.  ■ Telephone / email
Young Women's Centre	0141 276 1874	Offers support to young women (12-18 years) who are at risk of sexual exploitation, abuse or escalation through the judicial system.  ■ Drop in for current client only, telephone support, face to face

If you would like to talk to someone about the project, please contact [equallysafe@institution.ac.uk](mailto:equallysafe@institution.ac.uk)