



## Early Warning Signs of Domestic Abuse

### Is your friend.....

- Having their movements monitored (being checked up on)
- Being stopped from seeing friends & family
- Having their phone & social media monitored
- Having their finances controlled
- Being coerced to have sex
  - Being physically hurt

### Is your friend's partner .....

- Jealous and possessive?
- Charming one minute and abusive the next? Do they have sudden changes of mood – like Dr Jekyll and Mr Hyde?

(Adapted from [www.refuge.org.uk/what-we-do/campaigns/early-warningsigns/](http://www.refuge.org.uk/what-we-do/campaigns/early-warningsigns/))