

Lynsey tells you she had been in a relationship with Aiden for 5 months but they recently split up because he was getting increasingly possessive and she felt smothered. They both live in Halls on campus.

Last weekend Aiden came to her room because he had heard that she had a new boyfriend. Lynsey did not open the door. He kicked at the door, splitting the wood, but did not manage to get in. Lynsey says that she locked herself in the bathroom as she was so scared. She says Aiden was shouting that he would kill her for 'humiliating him'.

Lynsey tells you the day after the door incident she got repeated abusive phone calls and text messages from Aiden and his friend, whom she tells you she also feels intimidated by.

Things went quite for a few days but yesterday, as she was returning from the library Aiden approached her, pushed her up against a wall, held her by her throat and spat in her face. She was left very shaken and in discomfort. This morning she noticed the bruising around her neck.

Lynsey says that Aiden was sometimes a bit aggressive when they were together, but mostly moody. One one occasion in the Union he got really jealous when she was talking to a male friend. He wouldn't talk to her for days and when he eventually got over it he started texting and calling her constantly as he said he couldn't trust her. Sometimes when he got really down he threatened to kill himself if she left him. She also tells you that he often got sulky when she refused sex and she usually gave in to avoid this, even though it was never an enjoyable experience. Now that they have split up she is worried that he is on the edge. He was jealous and emotionally intense during their relationship but his behaviour seems to be getting worse now. She feels he is capable of anything.

1. Complete a SafeLives Dash Risk Checklist
2. What steps will you take?