

If you wish for support off campus you can call the Glasgow & Clyde Rape Crisis Helpline on **08088 00 00 14**. Opening hours are Monday to Sunday 11am to 2pm and Monday to Thursday 5.30pm to 7.30pm.

You can also access the Glasgow & Clyde Rape Crisis drop in on Thursdays between 4.30 pm and 7.30 pm at 30 Bell Street, 5th Floor, Glasgow, G1 1LG

The national Rape and Sexual Assault Helpline is open every day of the year between 6.00 pm and 12 midnight on **08088 01 03 02**.



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& CLYDE
RAPE
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Rape Crisis On Campus Support

Disability & Wellbeing Services, Level 4,
Graham Hills Building, George St, Glasgow.

Rape Crisis Student Support Service

If you have experienced sexual violence at any point in your life, or know someone who has, and you would like to talk to someone we can offer you a confidential specialist support service on campus.

A drop-in service runs **every Friday from 10.30am-12.30pm** for one-to-one confidential support. Just turn up at Reception at the Disability & Wellbeing Services (Level 4, Graham Hills Building). As well as the drop-in we offer on-going support sessions on campus.

Who can use the service?

Any student who has experienced any form of sexual violence at any point in their lives can access support. Or if you just want to ask some questions about something that has happened.

We also offer support to friends and family members of survivors.

How do I access support?

- Attend the drop-in. Just ask for Jenny at Reception during the drop-in hours.
- Text **07501 723 969** to request an appointment (appointments available Wednesdays and Fridays).
- Ask your Student Counsellor or Disability Advisor to refer you.

What kind of support is available?

We can offer you one-off support if this is what you need, or longer-term one-to-one sessions for survivors and family and friends of survivors.

We have a non-directive approach which means that we work with whatever you want to discuss during your sessions. We won't give you advice or ask a lot of questions and you are not required to go into details about what has happened to you.

We can also advocate on your behalf if this is something that would be beneficial, whether within the university or out with. This can be discussed in more detail in your sessions. For more information visit www.rapecrisiscentre-glasgow.co.uk

Is support confidential?

The drop-in service is completely confidential, and information will not be shared with the university if you attend.

If you engage with structured support sessions, this will be confidential within the Disability & Wellbeing Service.

The only exception to this is when a child or vulnerable adult is at risk, where a student indicates that their life is in danger, or they may cause harm to themselves or to someone else. However we will, whenever possible, discuss this with you before any action is taken.