

The Scottish
Intervention Initiative

Facilitator Handbook
SESSION 7:
Scripted Role Plays

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With thanks to Rachel Fenton and Helen Mott for the development of the original
Intervention Initiative materials upon which this is based.

Good Facilitation & Discussion Tips for Facilitators- Recap

- Confidentiality
- Appropriate language
- Attendance
- Leaving the room

Disclosure

- Acknowledge
- Listen, Believe, Reassure
- Inform

Session 7 (7 of 8): Scripted Role Plays

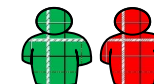
Objectives for this session:



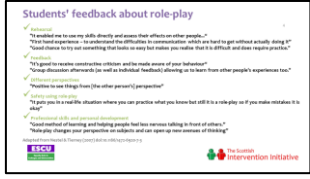
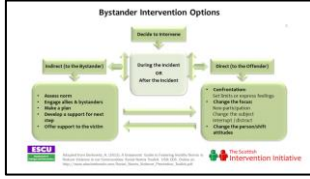
- To feel safe and comfortable practising intervention behaviours
- To practise intervention behaviours (from scripts) in order to be able to intervene 'in real life'


Session plan ONE HOUR to one and a half hours

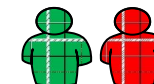
What you need to know as facilitator before the session begins	
Read the 'Good facilitation' resource:	
Read the "Successful Role Play" guide	
Bring icebreaker exercises	

Resources you need for this session	
PowerPoint slides	
Internet connection for web links	
White board / flipchart	
Pens	
Handout: All scripted role plays	
Handout: "What happens when you dial 999"	

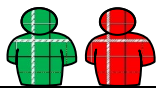


Focus/Activity	What to say	Resources
Recap	<p>In the last session we did some role-play based on a real-life event. We identified possible points of intervention, then we practised what it would feel like to intervene successfully in the situation. Today we're going to look at some more role-play scripts developed with the help of students, based on common situations that have occurred in university settings. In the next session we will then work on some improvised role plays.</p>	<p style="text-align: center;">Slide 1</p> 
Safe-space ground rules	<p>We've been starting all our sessions by remembering our ground rules.</p> <p>Let's also acknowledge that some of the content of this session might be upsetting for some people – many of us have experienced sexual assault, abuse or rape & most of us will know someone close to us who has. We are about to see some evidence that role-plays are a really powerful way of learning how to be a confident bystander but we don't want anyone here to feel that they have to take part in a role-play that could be upsetting. If you think you need to leave the session now or if you need to leave the session at any point later, please contact me / the course leader immediately afterwards to let us know how you are give you support. Also remember that the handouts from session 2 have details about help and support</p>	<p style="text-align: center;">Slide 2: Ground rules</p> 
Benefits of role-play	<p>Role-play is a really effective method for developing and practising communication skills, and that's why we spend three sessions in this programme working together on role-play, to really make sure that everyone on this course will be a skilled and confident bystander. Here is a reminder, using a group of medical students' own words, about the benefits they found after their role-play practice sessions.</p>	<p style="text-align: center;">Slide 3: Students responses</p> 
Reminder: Bystander techniques	<p>So now we're going to look at some more scripts for bystander intervention. We have lots of scripts to work with, looking at a range of interventions that you'll be familiar with from the programme. Some interventions are to prevent something happening to someone, some are to stop a bad situation from getting worse, and some are showing how to support a friend who is in trouble.</p>	<p style="text-align: center;">Slide 4: Bystander techniques</p> 

<p>Reminder: bystander techniques</p>	<p>Here are some of the techniques that will be used in the scripts, and I'll leave this slide on display for you to refer to during the session.</p>	<p>Slide 5: Techniques (leave on display)</p> 
<p>Role-play</p>	<p>[hand out the role-play scripts]</p> <p>[NB: If you feel it would be of benefit, begin with your preferred ice-breaker/warm-up exercise. Use your preferred facilitation methods to work with the group (in small groups or as a whole) to read & perform the role-plays]</p>	<p>Handouts: all scripted role-plays plus any that the group have written plus instructions.</p>
	<p>Make sure that the “Calling the police” script is read through by everyone – see below. As facilitator, you might want to take on a part in some of the role-plays or you may prefer to move around the room asking for and offering constructive feedback.</p> <p>Ask the members of the group to give each other constructive feedback. They might want to discuss:</p> <ul style="list-style-type: none"> • What kind of intervention is this? • Can we think of other ways to intervene safely and effectively? • How does it feel to be the bystander? – the victim? – the abuser? <p>Ensure that everyone has had several turns at taking part as the bystander in the role-plays. Give and encourage positive feedback, and ask for contributions from each group concerning any ‘discussion points’ on their scripts.</p> <p>If using new scripts developed by the group, your guidance will be essential ensure that strategies for intervention are not in themselves inadvertently problematic – e.g. an inappropriate use of humour, or the suggested substitution of an inappropriate behaviour with one that is less inappropriate but nevertheless problematic</p>	<p>“Successful role play” resource for facilitators</p>

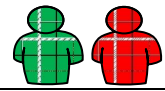


Focus/Activity	What to say	Facilitator –info only	Resources
Calling the police scripted role-play	<p>In the research that was done with students when this programme was developed, it was found that quite a few people had worries about whether to call the police in certain situations, & what might happen if they did call the police. So this script was written by students and the police, and we'll go through it so that everyone is familiar with what happens when you call the police.</p>	<p>Interested students or facilitators can download the “What happens when you dial 999” information sheet from the “Support” area of our website.</p>	<p>Handout: Calling the police script Optional handout: Support/What happens when you dial 999</p>
		<p>Make sure you leave time at the end for positive group feedback. If participants are ready and there is time, you could start improvising with scenarios.</p>	<p>Handouts: scenarios for role-plays</p>
Debrief – discussion.	<p>Well done everyone, you worked really well on these scenarios.</p> <ul style="list-style-type: none"> • Did you enjoy the experience? • What did you find difficult? • Did doing the role plays help you to develop a deeper understanding of how to intervene? <p>Were there any particular points that you found especially difficult that you would like time to work on next time?</p> <p>Next time we will go through some scenarios based on common experiences in student life & you'll be creating your own interventions with the help of handouts.</p>	<p>Use feedback to shape the next session – you can develop new scenarios based on the feedback from participants concerning the skills they would like to practise. Encourage participants to come along next time with their own ideas to discuss.</p>	



List of Scripted Role Plays

1. Calling the Police
2. Changing the Person
3. Club Coercion
4. Coercive Relationship
5. Supporting Disclosure of a Rape
6. Double Standards & Victim Blaming
7. A Friend Is Worried about Domestic Abuse 1
8. Friend Domestic Abuse Intervention 2
9. Friend Domestic Abuse Intervention 3
10. Inappropriate Language Intervention
11. Intention to Coerce at a Party
12. Intention to Coerce
13. Intention to Rape
14. Friend & Peer Supporter Domestic Abuse Intervention
15. Sibling Domestic Abuse Intervention
16. Social Media



Successful Role-Play for Bystander Intervention Learning

Planning for a small group learning environment that is “safe” and effective

Communication skill building requires risk taking on the part of the learner (e.g., trying out new behaviours in front of a group) so the development of a safe learning environment by the educator is critically important.

The most important aim for the educator is to establish & maintain a learning environment in which:

- participation is valued
- feedback is justified and constructive
- the awkwardness of learning process is normalized
- the learning process does not highlight deficiencies or embarrass learners publicly.

These aspects of a constructive learning environment are often summarized as “safety.”

Setting up the role-play

Despite the value of using role-play in communication skills training, its use can be an unwelcome part of a session for many learners. They may have experienced poorly facilitated role-play in the past. Well-facilitated role-plays begin with a clear discussion of the ground rules. These include confidentiality in the group, that time-outs will be used to highlight points for discussion, & that the learner can call a time-out at any time to ask the group or facilitator for guidance.

It is important to open with a discussion of how role-play can be a useful teaching tool and, yet, is often challenging for learners. Asking “What are your worries about role-play?” and acknowledging that role-play can feel contrived and anxiety provoking at times can help learners more readily engage.

Moving from scripts to improvised role-play

Role-plays can be constructed in several ways, all of which have different strengths that can influence the safety & efficacy of the group. Group size is a practical consideration. For a group of 4–8 learners, using a single role-play with a facilitator who solicits feedback & input from the group can be very successful because most or all of the learners can take an active role at some point, while not feeling pressured to speak when they have little to say.

In twos or threes, small groups can take it in turn to be ‘actors’ and observers in a role-play, with observers noting techniques used in the role-play such as:

- use of body language
- distraction
- humour
- “I” statements
- encouraging empathy
- using caring and friendship as a framework
- using social norms

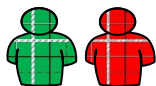
To break the ice at the beginning of a session and to increase confidence about the skills that participants have, you may want to ask participants to do a ‘bad role-play’ followed by a ‘good role-play’. A ‘bad role-play’ could include:

- being hostile or aggressive towards the target person
- not listening to what the other person is saying – not giving them room in the conversation
- using humour inappropriately

Encourage participants to use examples from their own experience of situations where they would like to develop intervention skills.

Don’t forget to explore the use of interventions that might include taking a decision to tackle a problem after the event, or to seek immediate external help if there is a situation where there is immediate risk to their own safety or someone else’s safety.

[Ref: Jackson, V. A. & Back, A. L. (2011). Teaching Communication Skills Using Role-Play: An Experience-Based Guide for Educators. *Journal of Palliative Medicine*, 14(6), 775-780.]



Scripted Role Play 1: Calling the Police

Role Play 1 - Page 1 of 3

Four people – Gina, Liam, Kofi and the police Call Handler - each to read a part. CH can read the BT Operator line too. First, read the description of the situation.

Gina has recently split up with her controlling and abusive boyfriend, Liam. She thinks he is stalking her, and has expressed her concerns about him and has moved into a shared house with Kofi and other friends. She has told Kofi that if Liam comes round, to say she's out and not to let him in.

[Doorbell rings]

Liam: I need to see Gina.

Kofi: Well, she's actually not here.

Liam: Well I know she is, cos I saw her come in and she hasn't gone out again.

Kofi: She's got a headache and she's in bed, she doesn't want to be disturbed.

Liam: She'll want to see me, let me in.

Kofi: No mate, you can't come in.

[Liam pushes Kofi out of the way roughly and hurts Kofi's arm and runs up the stairs. He tries the door but it is locked from the inside]

Liam: Gina I need to talk to you.

Kofi: Liam, you need to get out

Liam: **** off, it's none of your ***** business, she's my girlfriend.

[No reply from Gina]

Liam: Gina I know you're in there, I saw you go in, open the door you bitch, I really need you.

Gina: You need to leave.

Liam: *[shouting]* If you don't open the door I'll break it down!

Gina: I'll call you tomorrow I promise. I don't feel well, I can't deal with this right now.

Liam: *[shouting]* Is there another bloke in there? Open the door you ***** bitch!

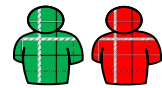
[Leon starts kicking and punching the door]

CH: *[addressing the BT operator]* Police Emergency, Go ahead operator.

BT: Connecting mobile/landline 07554*****

CH: Thank you, go ahead caller you are through to the police, what is the address or location of your emergency?

Kofi: 123 John Street.

**Role Play 1 - Page 2 of 3**

CH: 123 John Street in which area?

Kofi: Merchant City, Glasgow.

CH: Thank you, can I take your name please?

Kofi: Kofi Ekwu.

CH: Ok Kofi, what is the nature of your emergency?

Kofi: My housemate's ex-boyfriend has turned up and is kicking off.

CH: And is this happening inside the property?

Kofi: Yes he's pushed past me and is inside trying to smash her door down.

CH: Ok, have you or anyone else been injured at all? Is an ambulance required?

Kofi: No, I'm alright but I'm worried what will happen if he gets into her room.

CH: Right, can you take yourself to a place of safety so I can hear a bit better and get some details from you?

Kofi: Yeah, I'm in my room, I'll move away from the door.

CH: Thank you Kofi, now tell me exactly what is happening?

Kofi: My housemate Gina has been having problems with her ex-partner Liam, he turned up a few minutes ago, I told him that Gina wasn't in but he wouldn't believe me, he's barged me out of the way and is upstairs trying to get into her room.

CH: And is Gina in at the moment?

Kofi: Yes, he's talking to her through the door.

CH: Have any weapons been used or mentioned?

Kofi: No.

CH: Are there are children present?

Kofi: No.

CH: How many people are involved?

Kofi: Just him.

CH: Ok, do you know Liam's surname and date of birth?

Kofi: I think his surname is Tucker, I don't know his date of birth.

CH: How old is he roughly?

Kofi: About 21.

CH: Thank you, Can you describe Liam to me please starting with his Race.

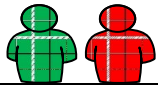
Kofi: He's white but quite tanned, about 6ft tall, slim build, short dark hair.

CH: Good Kofi, thank you, and what is he wearing?

Kofi: He's got a White t-shirt on, jeans and white trainers.

CH: Perfect, and did he arrive on foot?

Kofi: I'm not sure, he does have a car but I don't know if he has it.



Role Play 1 - Page 3 of 3

CH: What type of car?

Kofi: A Saxo, Citroen Saxo, It's blue.

CH: Do you know the reg?

Kofi: No sorry, are the police coming? It sounds like he might have broken the door, I can hear Gina screaming.

CH: Yes we have a unit making their way to you as fast as they can, they will be there as soon as they can.

Kofi: Ok great.

CH: Has anyone involved been using alcohol or drugs?

Kofi: No I don't think so.

CH: Has Liam ever done anything like this before?

Kofi: Not that I know of, I know that he has been hassling Gina since they broke up.

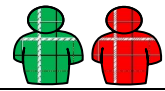
CH: Ok, and what has he said today?

Kofi: He's shouting and swearing at her, saying that he wants to talk to her about something, I think I can hear the police...

CH: Good, can you open the front door and make yourself known to the officers please?

Kofi: Yes, I'm with them now.

CH: Ok Kofi, you have done really well, I will leave you with the officers. *[Line clears]*



Scripted Role Play 2: Changing the Person

Two people – Jared and Sean - each to read a part. First, read the description of the situation.

Jared and Sean meet up the morning after a night out.

Jared: Alright mate? Man I drank too much last night, I've got a serious hangover, how about you?

Sean: Yeh, pounding headache. Still, I reckon it was worth it!

Jared: Let's go get a fry up and I want to talk to you about something

[In the café]

Jared: So last night, you were being quite abusive to women, you know when we were going from bar to bar, you were calling out "ho" and "bitch" and "slut" and stuff to every girl that walked past, do you remember?

Sean: [laughs] Ha, yes, damn right, women are such bitches.

Jared: Well you know Rosie and her mates left our crowd because of it. They were really bothered and upset and they said you were abusive and that's not okay.

Sean: But it's just a laugh, I'm sure they are cool.

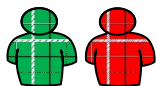
Jared: I don't think they saw it that way mate and they left because of it. Seriously. And the girls you were yelling at were quite scared, you could see it. Frankly, it was embarrassing and I know some of the other guys were a bit pissed off too, cos it was stopping the girls coming near us, they thought we were a load of dicks.

Sean: Really? Nah, all guys do it

Jared: No actually, it's just you mate. So what's with that? Why do you get so hostile when you're hammered? Is it about Hannah dumping you?

Sean: I just think they're all bitches, they use you and then dump you.

Jared: Well, from what you told me last term, Hannah had her reasons and she was pretty nice about it. And even if she hadn't been, that's no reason to behave like a prick to other girls. Its sexual harassment, and I know from my course that it really bothers girls and it really can scare them. I think you are going to get excluded from the group if it doesn't stop because I know the guys are not happy. I'm saying this cos you're my best mate and I don't want that to happen. And I really think you need to get over it and move forward otherwise you're gonna be this sad old man that no one wants to hang with.



Scripted Role Play 3: Club Coercion

Four people – Mark, Ryan, David and Alex - each to read a part. First, read the description of the situation.

Mark, Ryan, David and Alex are in a club. They went out hoping to pull (find someone to hook up with).

Mark: Shit! Haven't pulled, it's 3 already.

David: That's cos you're useless with women mate. They'd have to be really steaming or desperate to go home with you, haha.

Ryan: Let's find a girl for Mark who's got her beer goggles on.

Alex: Better find someone quick! *[Looks around and spots a girl on her own, falling over drunk.]*
There's one.

[Alex goes off. 5 minutes later he is back with the group. He has his arm round the drunk girl]

Alex: Looks like I can call it a night!

David: Mate she needs an ambulance not a taxi.

Alex: You're just jealous 'cos you won't be getting any.

[Alex walks off with the girl, holding her up]

David: *[to Mark and Ryan]* we can't let him take her home, she's totally wasted, if he does something, shit'll go down.

Mark: Let's grab him before he makes himself look like a prick.

[the guys catch up with Alex]

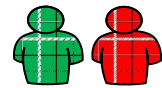
David: *[to Alex]* Mate, it's not a great idea, she's hammered. Just leave it.

Alex: No way, I'm so in there.

Mark: Mate, it's just not happening.

Ryan: You're not a rapist, are you mate?

David: *[to girl]* What's your name? Who are you with? Let's find your mates.



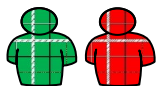
Scripted Role Play 4: Coercive Relationship (2 sections)

Role Play 4 - Page 1 of 2

Four people – Natasha, Megan, Harry and Jake - each to read a part. First, read the description of the situation.

Megan and Harry have been going out for two months. He's told her he has changed his status to 'single' on Facebook and that if she doesn't sleep with him this weekend the relationship is permanently over. Natasha is good friends with Megan. Natasha sees Harry's status change and goes to see if Megan is ok and if they have broken up.

- Natasha: Hey hun are you okay? Thought I'd check in and see how you are
- Megan: I'm ok (*crying*), I think Harry's breaking up with me
- Natasha: Is this about Facebook?
- Megan: Yes, he's changed his status and if I don't sleep with him this weekend, it's over.
- Natasha: How do you feel about that?
- Megan: It's just so embarrassing, look, I didn't want anyone to know, but I'm still a virgin, I wanted my first time to be special and not like this and I'm not sure I feel it yet for Harry.
- Natasha: So what is he saying? Is he trying to pressure you?
- Megan: Yeh, if I don't do it this weekend he'll go with someone else, you know how popular he is, and he said he'll spread it all over Facebook that I'm frigid and a virgin.
- Natasha: That's terrible. He wouldn't do that if he really cared about you. You know my Jake was really patient and understanding and he waited no problem and just was really supportive about the whole thing. You can't sleep with him if you don't want to, if you're just doing it cos he's pressuring you then you're not really consenting are you? It'd be like rape.
- Megan: I just don't know what to do
- Natasha: I really think you have to consider whether you want to continue with this guy. It's not normal to threaten someone you're supposed to care about.
- Megan: Yeh, I know.



Role Play 4 - Page 2 of 2

Natasha tells her boyfriend Jake, who is a friend of Harry's. Natasha and Jake bump into Harry on campus.

Natasha: Hey Harry, Megan's a bit upset, is everything ok with you guys?

Harry: Yeah, we're fine.

Natasha: Sure? I saw you changed your Facebook status to single, what's that about?

Harry: Well you know, all relationships have their ups and downs.

Jake: Well we've all been there, but mate, Megan told Tash that you've been trying to pressure her to have sex when she doesn't want to and that you were going to spread Facebook rumours about her? Is that right?

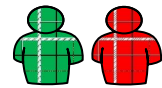
Harry: Well, I'm just getting a bit fed up of her excuses. If she really loved me she would do it and there wouldn't be a problem.

Natasha: Jesus it's the twenty-first century, I can't believe anyone is still using that line "if she really loved me". Point is, if you really loved her you wouldn't be trying to force her.

Jake: I'm embarrassed for you mate, it's not cool to do that.

Natasha: It's not cool and if you force her, then it's rape.

Jake: Real men don't rape.



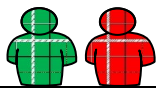
Scripted Role Play 5: Supporting Disclosure of a Rape

Role Play 5 - Page 1 of 2

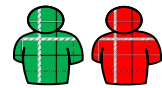
Two people – Ruby and Bonnie - each to read a part. First, read the description of the situation.

Ruby has come to visit her friend Bonnie. She has been worried about Bonnie who has been quiet and withdrawn since a night out.

- Ruby: How are you feeling now? The last time I saw you, you were very upset but you were unable to talk about it. You have been extremely quiet and you haven't seemed your usual self for a while now.
- Bonnie: I am feeling so lost but to be honest I don't think I have the words or energy to explain. I wouldn't know where or how to begin.
- Ruby: Oh honey, I hate the fact that you're struggling so much. You can tell me anything, it won't change the way I think about you. I'm always here for you no matter what. If you want to talk about it you can start anywhere that's easiest for you & I will just listen.
- Bonnie: Thanks, that means a lot although I still don't know how to explain what happened to make me feel like this. I'll probably just get upset & make myself look even more stupid.
- Ruby: If something has upset you this much you won't look stupid. You can tell me as much or as little as you want and it will be kept between us and won't go any further unless you say otherwise. It doesn't matter how you explain it, I'm sure I will understand and if I don't I will say.
- Bonnie: Okay, I will try to explain but I haven't told anyone yet so bear with me. Do you absolutely promise you won't say anything no matter what I say?
- Ruby: I promise, take as much time as you need I'm not going anywhere.
- Bonnie: Do you remember that night out we had with the girls on a Monday when we went to the Hothouse Club?
- Ruby: Yes, the one where we went to the Pool Lounge after?
- Bonnie: Yeah that one, in fact the Pool Lounge was where it all went wrong for me.
- Ruby: I don't remember anything going wrong in the Pool Lounge; did I do something to upset you?
- Bonnie: No, it wasn't you. I will try to explain.... I actually had an alright time in the Hothouse when it was just the three of us having a drink and a dance. It all started to change although I didn't realise it at the time. When Rose started talking to those guys and they joined us.
- Ruby: Do you mean Will and his friends? I have just remembered the drama at the end of the night when your phone was taken, sorry I should have remembered that.

**Role Play 5 - Page 2 of 2**

- Bonnie: Yes I do mean them; there is more to it than that... When we left the club and started walking to the Pool Lounge I was talking to Will, he seemed nice and mentioned we had a lot of friends in common. I had seen him out before but never really talked to him properly. He was acting normally as far as I could tell. I keep going over and over it in my head as to what I could have done differently or whether I should have realised something was up or if I did something to make him be like he was.
- Ruby: Honey, are you okay? What happened?
- Bonnie: Well when we got to the Pool Lounge we all had a game of pool, Rose was a tad drunk but the rest of us were fine so you took her to get some air, do you remember that?
- Ruby: Yes
- Bonnie: After you went outside Will seemed upset, I asked him if he was alright and he asked if we could talk away from his friends. I thought his friends had done something to upset him so I agreed and we walked towards the back of the club near the toilets.
- Ruby: Okay, then what?
- Bonnie: He pushed me into the toilets which confused me and I asked what he was doing and tried to walk straight back out but he put his arm across the door and said he was worried about his friends hearing. I felt really uncomfortable straight away and everything got out of control so quickly after that. I don't think I can explain in detail it is just too difficult.
- Ruby: Did he hurt you?
- Bonnie: *[Nods]*
- Ruby: You don't have to explain anything if you don't want to, would it help to just tell me the outcome or if I ask questions? We can stop at any point if this is too much for you.
- Bonnie: He locked the door and then I started to panic as I felt trapped he was getting closer and closer to me and started running his hands all over me. I asked him to stop and tried to push him off..... I don't know how to explain it.
- Ruby: Did he rape you? I'm sorry this is so difficult.
- Bonnie: I don't know if I would call it rape because he didn't actually come, because he was interrupted by the bar staff knocking on the door saying that only one person was allowed in the toilets at a time. He had his hand over my mouth and said we would be out in a minute. He pushed me to the floor, unlocked the door and went back out. The worst part was the bar staff gave me dirty looks until we left. When I came out you guys were back and were laughing and joking with him, I just wanted to leave but then realised my phone was missing too, you know the rest.
- Ruby: Oh my god, I had no idea. I am so sorry, I can't imagine what you must be going through. You might not want to hear this but it's irrelevant whether he came or not, it is still rape. It was definitely a rape. You poor thing. Are you going to report it?
- Bonnie: I don't know what to do anymore.
- Ruby: I will help you whatever you decide. There are people you can talk to who can help you decide, and who can help you recover from this. It took real courage to tell me about this, it must have been so hard for you. I believe you. This is in no way your fault and you didn't deserve this to happen to you. I will do whatever I can to help. Would you like me to find a list of organisations who can support you, and we can go through the options together?



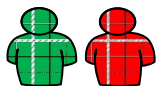
Scripted Role Play 6: Double Standards & Victim Blaming

Role Play 6 - Page 1 of 2

Four people – Amy, Lucy, Samina and Cara - each to read a part. First, read the description of the situation.

Four friends are hanging out together at a café after receiving one of their coursework marks.

- Amy: I cannot believe that Gemma managed to get 75% on this coursework. She barely even tried! I was doing mine for three weeks and only got a 63.
- Lucy: Yeah she told me that she only spent four nights on the coursework. I couldn't do that. What a lucky bitch.
- Samina: Good for her. She must have worked really hard to get such a high mark.
- Cara: Yeah right! She isn't lucky. I reckon she was flirting with the lecturers again trying to boost her marks. We have all seen her do it.
- Amy: Gemma is always flirting with someone. Plus I heard that she takes home a different guy almost every night the little slut. It wouldn't surprise me if she tried to take one of the lecturers home to get good grades all year.
- Cara: Guys only like her because she is easy and up for anything. I can't see what all the fuss is about.
- Amy: Gemma is just a fat slut looking to get attention.
- Samina: Come on now there is no need for that. You wouldn't judge a guy like that – that's a real double standard and it's not fair. She is a really nice person and she does a lot of volunteering and charity work. We should be happy for her.
- Amy: She only does the charity work to get more attention so she can pretend to be the good girl when everyone knows she is a tramp.
- Cara: Anyway, I heard this funny story..... *[Gets cut off by Amy]*
- Amy: Gemma deserves what is coming to her. I hope she gets raped. That will teach her the dirty whore.
- Samina: Amy I cannot believe you would say something like that. That is a disgusting thing to say. No one ever deserves that no matter what.
- [Samina leaves and the others continue chatting. Later, when they have gone back to campus, Lucy goes to speak to Amy]*
- [Knock Knock] [Amy answers the door]*
- Lucy: Hey Hun do you mind if I come in for a bit. Just wanted to have a quick chat about something.
- Amy: Sure babe come in. Hey can you believe how Samina acted today. That was so out of order.



Role Play 6 - Page 2 of 2

Lucy: Well.... She did have a point. What you said was a terrible thing.

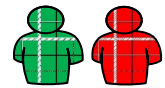
Amy: What are you talking about? She was so over the top. I was only joking. And Gemma is a slut.

Lucy: I really don't think you should say things like that. How would you like it if people talked about you like that? Why have you got it in for Gemma? She's actually really nice. Seems to me there's something else going on here.

Amy: I just hate her.

Lucy: Well why ever that is, it doesn't do you any favours to look as if you're judging her sex life. And it's really out of order to wish her to be raped. Being raped is an awful thing and it is definitely not something to joke about.

Amy: Yeah I guess you are right. I'm sorry. I just cannot stand Gemma.



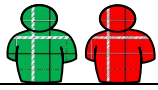
Scripted Role Play 7: A Friend is Worried about Domestic Abuse

Role Play 7 - Page 1 of 2

Two people – Nikki and Joanne - each to read a part. First, read the description of the situation.

Nikki and Joanne are friends. Joanne is going out with Leanne and Nikki is worried that there are signs of an abusive relationship.

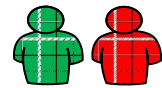
- Nikki: Hey honey, how are you?
- Joanne: I'm okay thanks, how are you?
- Nikki: I'm not too bad thank you, uni has been pretty hectic but that's coming to an end now. What have you been up to? I haven't seen you out since Elisha's birthday.
- Joanne: I have been pretty busy with uni too, was so glad to finish last week. I'm trying not to go out as much at the moment.
- Nikki: How come? Now we have all finished we should plan something to celebrate like a meal out or a few cocktails sometime soon, what do you think?
- Joanne: I'm trying to spend more time with Leanne and save a bit of money. Yeah that sounds good but I need to check with Leanne first.
- Nikki: Is everything okay with you guys? You didn't seem yourself at Elisha's party and I noticed Leanne left early.
- Joanne: Yeah everything is fine.
- Nikki: Are you sure you're okay? Did anything happen at the party? I'm always here if you ever want to talk.
- Joanne: I'm okay. No, nothing really, Leanne just got annoyed as she thought I was spending too much time with the boys so after an argument she went home. The arguments aren't usually as bad as the one at the party but she did apologise for pushing me after we cleared the air.
- Nikki: She pushed you? That's not good. Does that happen often? I didn't notice you spending much time with the boys
- Joanne: It's happened a couple of times recently, Leanne doesn't like me spending time with my male friends.
- Nikki: That must be difficult, have you talked to her about it?
- Joanne: Yeah but it has just lead to arguments. So I haven't been going out much recently and that has helped so I'm feeling better about the situation.
- Nikki: I'm sorry you have been having a hard time. You don't have to tell me if you don't want to, but why does Leanne have a problem with you spending time with your male friends?



Role Play 7 - Page 2 of 2

Joanne: Ummm well it's because of my sexuality and the fact that I'm bisexual, she gets paranoid I will leave her for a man. It never used to be an issue but it became one whenever I went out with my uni friends without her. I'm spending more time with her now which helps.

Nikki: The whole situation must be really upsetting for you. I'm always here if you ever want to talk. You can call me anytime. There is nothing wrong with you being bisexual and you shouldn't be punished for having male friends. I'm a bit worried about the pushing – you know, I learned a bit about this on one of my courses and often it can escalate, so I'm a bit concerned that next time she might really hurt you. There are organisations that could help you as well, if you wanted, such as Women's Aid or Broken Rainbow. I can help you get in touch if you want. Whatever you decide I will be there for you.



Scripted Role Play 8: Friend Domestic Abuse Intervention 2

Two people – Melissa and Sophie - each to read a part. First, read the description of the situation

Sophie and Melissa bump into each other outside the library. Sophie saw Melissa's boyfriend grab her after an argument and has been worried about her.

Sophie: Oh, hi hun, how are you?

Melissa: Oh hi, I'm okay thanks. How about you?

Sophie: I'm good. I was just thinking that I haven't seen you around lately. I was wondering if you'd like to get together at some point just to catch up?

Melissa: Oh, no that's fine, thanks. I don't really have much time at the moment.

Sophie: Oh, okay. No problem. I just thought it might be nice to come over and watch a dvd and have a few drinks – a girlie night in like we used to – nothing major.

Melissa: Well, I'm sharing a flat with Matt now, and he's a bit shy and doesn't really like people he doesn't know coming over.

Sophie: Oh, well that's a shame. Well, I'd really like to get to know him, especially if you guys are that serious. I miss not seeing you. I can come over and I'll bring the wine!

Melissa: No, honestly, I can't, he's really shy, but maybe some other time...

Sophie: Okay sure, no pressure. Hun, I was just wondering: is everything okay? I mean, when I saw you guys out the other week, you seemed a bit upset.

Melissa: Everything's fine.

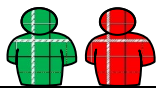
Sophie: Are you sure? I was a bit worried about you when I saw him grab you the way he did. I didn't like to interfere but you know you can always speak to me if you need someone to listen.

Melissa: Yes, I know. Thanks. But everything is fine, honestly.

Sophie: Okay then. But don't forget what I said – okay? If you need to talk, you have my number. Call me anytime.

Melissa: Yes, thanks. I will. Bye.

Sophie: Bye. See you soon I hope.



Scripted Role Play 9: Friend Domestic Abuse Intervention 3 –

Two people – Callum and Chris - each to read a part. First, read the description of the situation.

Callum and Chris bump into each other in the coffee shop. Chris hasn't seen Callum for a while.

Chris: Hi mate, how's it ...

Callum: Oh - hang on a minute. I'm just in the middle of texting Lucy

Chris: Sure....

[Chris waits until Callum has finished texting]

Callum: Sorry about that - she gets a bit narky if I don't text her straight back.

Chris: Please! You're always on the phone to her!

Callum: She's a bit high maintenance. Keeping the peace - not worth the hassle.

Chris: No worries. How have you been? I mean, I haven't seen you around for a while and you don't seem to hang around with us any more like you used to.

Callum: Oh, I'm fine. I'm busy with Lucy that's all. She doesn't know anyone from the group so we just tend to do our own thing.

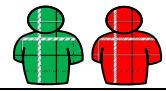
Chris: Look, Callum, I saw Emma the other day and she said she saw you both in town last week and you were having a huge fight and Lucy slapped you really hard across the face and tried to bite you. She was really concerned. So what's going on?

Callum: I don't know why Emma would say that. It was just an argument, it's none of Emma's business. She's probably just jealous. Anyway it was my fault, I forgot to get her soya milk.

Chris: Sounds a bit mental, really? She hit you cos you forgot her milk?

Callum: It was nothing...

Chris: Well ok mate but I've got this list of early warning signs for toxic relationships that I was given in class, I wouldn't mind if you come by and take a look at it. I've got a list of phone numbers for people who can help out as well. Anyway dude call me or come round anytime if you need a break from it, you've got my number, come hang with the guys a bit.



Scripted Role Play 10: Inappropriate Language Intervention

Three people – Emily, Holly and Katie - each to read a part. First, read the description of the situation.

Emily, Holly and Katie are in a group of students who are standing around following an exam.

Emily: That was so unfair. He totally raped us with those questions on direct effect.

Holly: It was pretty nasty. I just wanna cry now

Ending 1

Katie: It was pretty tough but not like getting raped. I don't like that analogy.

Ending 2: shifting the focus

[Katie walks off]

[Two hours later, Katie knocks on Emily's door]

Katie: Hiya, have you got a minute?

Emily: Hey where did you get to? One minute you were there then you disappeared. I was beginning to think it was something I said, haha.

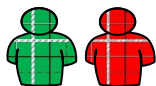
Katie: Well actually it was. You know, I was pretty upset about you saying you were 'raped' by the exam.

Emily: Well it was a pretty bad exam

Katie: Yeah I get that, I know, it was awful, but for a person who has been raped, I mean, that's really serious, it's majorly traumatic - not like sitting a shitty exam. And if you use that term like that then it just makes it seem trivial.

Emily: Yeh, I hadn't thought of it like that

Katie: So do you think you passed?

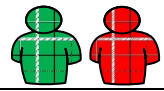


Scripted Role Play 11: Intention to Coerce at a Party

Three people – Dan, Aisha and James - each to read a part. First, read the description of the situation.

At a house party, Dan and Ewan are sitting together on the sofa at a party. Ewan's friends Aisha and James are in the adjoining kitchen area. Dan is getting the drinks for himself and Ewan, he is making his JD & coke weak and Ewan's really strong and encouraging Ewan to drink quickly, playing 'penny in the drink'. Soon, Ewan is visibly disorientated.

- Aisha: Look at the state of Ewan. He's completely gone.
- James: Who's that guy he's with? I don't recognise him.
- Aisha: Must be someone off his course. Looks pretty intense.
- [5 minutes later]*
- Aisha: Where did Ewan go? I'm surprised he could walk anywhere
- James: I think he went upstairs with that guy
- Aisha: Shit, I'm not sure about that... Perhaps we better find him
- [Ewan being helped upstairs by Dan]*
- Aisha: Hey Ewan! You okay? What you doing?
- Dan: He's a bit out of it, I was gonna put him to bed. You guys go enjoy yourselves, I've got it from here.
- James: Thanks, it's ok, we've done it before. Could you go get a drink of water for him?
- [leads Ewan away]*

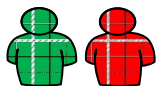


Scripted Role Play 12: Intention to Coerce

Four people - Fergus, Nasar and Ben - each to read a part. First, read the description of the situation.

Fergus, Nasar and Ben are chatting about their coursework in the kitchen.

- Nasar: Pretty much finished my medical law oral! Get in!
- Fergus: Yeah me too!
- Ben: Glad I'm not doing med law! I saw Mia earlier, she failed last time, so she's pretty stressed about it
- Nasar: Ah bless her, maybe I should see if she wants some help.
- Fergus: Nah, should be me, after all, I'm the King of Med Law with the 80 I scored in coursework haha. Huh, maybe she could help me with my 'oral problem' in exchange for some help with hers...
- Ben: Yeh mate get on that!
- Fergus: It'd be a good opportunity for her to work that sexy mouth of hers....
- Nasar: What?!
- Ben: Why not, bit of give and take and all that....
- Nasar: No reason to take advantage of her. Mate, that's exploitation and that's pretty sick. Are you really that desperate?
- Fergus: Just having a laugh
- Nasar: Not funny, she's my mate and she's alright.



Scripted Role Play 13: Intention to Rape

The scenario of women waking up to find an acquaintance or someone they thought was a friend having sex with them is a common one that [rape crisis] service users report. This is rape.

Three people - Ellie, Ross and Keir - each to read a part. First, read the description of the situation.

A group of friends have been hanging out at Sarah's house having snacks, playing games and drinking. At around 1ish Sarah says she is going to bed as she needs to get some sleep because she's got a busy day tomorrow. The rest of the group keep having fun. At around 4, Ellie, Ross and Keir are meant to be getting a taxi home to theirs together but Ross says he is going to share Sarah's bed.

Ross: Right, you guys go, I may as well stay and hop in bed with Sarah. Ha, maybe I'll slip her a quick one whilst she's sleeping.....wahey!.....

Keir: Yeh right *[sarcastic]*

Ellie: Seriously you are joking right?

Ross: Oh f*** off [get lost], it's not like we haven't shagged before

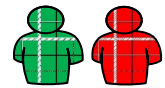
Keir: Mate I don't think she's up for it, you guys weren't exactly getting off with each other tonight.

Ross: Yeah but Sarah's always up for it.

Ellie: I really don't think she's gonna want you pouncing on her in the middle of the night. Sounds a bit rapey to me...

Keir: Come on mate, you don't have her consent. You don't want to do anything stupid.

Ross: Yeah alright.



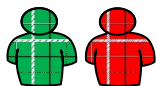
Scripted Role Play 14: Friend & Peer Supporter Domestic Abuse Intervention

Role Play 14 - Page 1 of 2

Three people – Lori, Erin and Chen - each to read a part. First, read the description of the situation.

Lori and Erin meet up with their Peer Support Leader, Chen.

- Lori: Shit, I'm really nervous about this exam! How do you think you'll do? I got sooo stressed with this one. *[Rolls up sleeve without thinking]*
- Erin: I think I'll be alright to be honest, hopefully Chen can give us some tips on how to....
OMG what is that on your arm?
- Lori: What? Oh, that. Well....oh it was so clumsy of me. *[pulls sleeve down]* I slipped and scraped my arm on the wall. But it's okay. It's not too bad. I just need to go to the loo - I'll be back in a mo.
- Erin: Oh, okay. See you in a minute.
[Lori runs off. Chen comes in and joins Erin]
- Chen: Hi Erin. Did you want to ask some questions about your exam?
- Erin: Oh, hi. Yes, I did, but could I talk to you about something else first?
- Chen: Sure, what's up?
- Erin: I used to hang around with Lori a lot, but she's been really distant lately, and then just now I saw some really bad marks on her arm which she said was due to her slipping and scraping her arm, but I'm just a bit worried about her and don't know what to do about it. What would you suggest?
- Chen: What's making you concerned about it?
- Erin: Well, it's just that she won't come out with the group any more, and she seems a bit isolated. I've never known her to be this distant, but I've also heard from other friends that she and her new boyfriend Joe have huge fights, and someone saw him being a bit physical with her. I'm just a bit concerned about her that's all, but I don't want to be seen as being interfering. I'm just not sure what to do...
- Chen: Well, look, when she comes back, we can go over the exam work and then maybe we can slip it into the conversation to see if everything's okay, and just to make it clear that should she need to talk, we're here for her.
- Erin: Yes, that sounds good.
[Lori returns]
- Chen: Hi Lori, I'm glad you could make it for this session. Do you have anything specific you wanted to ask about?
- Lori: Well, just really on the structure, that's all.



Role Play 14 - Page 2 of 2

Chen: Well, if you follow the ILAC structure that you've done in seminars it'll work really well for this module. Apart from the exams, how are you both doing? Is everything going okay for you both? Have you enjoyed the course this year?

Erin: Yes, everything's been great for me this year.

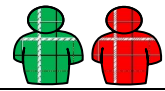
Chen: How about you, Lori? How's the year gone? I haven't seen much of you lately.

Lori: It's been okay, thanks. I've just been really busy.

Chen: Ah, okay then. Is everything else okay? I mean, Erin told me that there are some nasty marks on your arm - are you alright?

Lori: Oh, yes, I already said that was just an accident. Everything's fine thanks.

Chen: Oh okay, well, just so you know, should you need anything or someone to talk to, you can come see me anytime, you don't need an appointment and you have my work and personal email. And you know the Uni has great student welfare services, there's the wellbeing and counselling service in L-block if you ever need it, okay?



Scripted Role Play 15: Sibling Domestic Abuse Intervention

Two people – Paige and Evie - each to read a part. First, read the description of the situation.

Paige is in the car with her younger sister Evie who she has collected to bring back from University for the holidays.

Paige: I'm so pleased you're back from Uni! I've really missed you! It's really boring at home with Dad on my own. I wish you'd been in touch more this term, I've missed hearing from you.

Evie: Yes, sorry, it's been pretty intense at Uni, but I'm glad to be having some time away from it all.

Paige: I'm sure. So - how have you got on this year? Have you made lots of new friends? I bumped into Louise and she said she hardly saw you. Have you been out having a good time or working too hard, of course haha

Evie: To be honest, I haven't really seen my friends much this year. I've been a bit busy.

Paige: That's a shame. I find it's even more important to have your friends around when you're busy to let off steam and relax a little. Aren't you all busy?

Evie: Well, it's more that I've been busy spending time with Ryan, you know that guy I told you about at Christmas and he doesn't really know any of my friends and he gets jealous when I go out with them, so I've spent my time with him instead. But that's okay, because that means he really loves me, doesn't it?

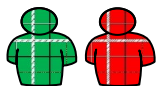
Paige: Well, Dad always says that when he and Mum met at Uni they always made a point of meeting up with each other's friends and also giving each other some space. They even used to have a holiday separately every year, do you remember? They were big on respecting the fact that they both had friends before they met. You've got to have your own space too. If he doesn't trust you then that doesn't seem like a good starting point.

Evie: Paige it's fine, honestly. He's a great guy and we get along really well. Everything's fine.

Paige: Well, okay, but to be honest I have been a bit worried about you this year. You haven't phoned much this year and even though you said you were really happy, I could tell from your voice that something has been wrong, and that you haven't really been as happy as you have been making out. And I know Dad's worried. It's not like you not to call him. I mean, is Ryan quite controlling?

Evie: It's fine, he just wants to be with me a lot and wants all my attention so I don't get much time, and that's fine because I really like him.

Paige: Well you should talk to Dad about it hun, really, it doesn't seem right to me. And I've been watching Hollyoaks and there's this storyline where the guy is really controlling and she can't see her friends anymore so I know that it doesn't seem right. Anyway, you know me and Dad are here for you and I know you used to talk to Mum about these things but you can talk to me you know, we have to look out for each other now Mum's not around.



Scripted Role Play 16: Social Media

Two people – Veronika and Natalie - each to read a part. First, read the description of the situation.

Veronika and Natalie are having coffee and looking at Facebook on their iPads

Veronika: I can't believe those guys posted pictures of Alice like that.

Natalie: That's just sick.

Veronika: We have to do something. She's going to be gutted.

Natalie: Maybe we shouldn't get involved, it's not our business.

Veronika: It is our business cos she's our friend and it's all over Facebook.

Natalie: Yes, I suppose so.

Veronika: We could both post on Steven's wall or message him and tell him we're disgusted and that he has to take the photos down.

Natalie: Yeh but he probably won't.

Veronika: Well then we'll tell him we'll report it to Facebook and to our Head of Student Services – in fact I'm gonna report it now on Facebook.

[Veronika clicks on the Triangle – Report a Problem – Abusive Content button on Facebook]