



STRATHCLYDE SPORT

PERFORMANCE SPORT
NETBALL



Netball is one of the University of Strathclyde's GOLD FOCUSports and consequently the top tier netball players receive additional support to provide them with a competitive advantage over other Universities when competing in BUCS competitions.



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Achievements

The University of Strathclyde Netball first team compete in the highest BUCS competition in Scotland. Current Netball players on the Performance Sport Scholarship Programme include Scottish Thistles Bethan Goodwin and Niamh McCall, and Scottish U21 Cat MacDonald. In addition, amongst its Alumni include Biomedical Science graduate Jo Pettitt, who represented Scotland at the 2014 and 2018 Commonwealth Games, and 2015 Netball World Cup. Alumnus Rachel Cremin has been appointed as the first Director of Netball within the University to enhance the performance programme and the player pathway. Rachel is an integral member of Netball Scotland's National Technical Team and Under 21 coaching team.

Support Services

Individualised year-round strength and conditioning support is provided by highly experienced practitioners. Additionally, FOCUSport athletes have the opportunity to attend Athlete Lifestyle Workshops covering topics such as: Anti-Doping and Media Training.

World-Class Training Facilities

The University of Strathclyde houses two full-size competition courts with socketed posts spread over two adjoining sports halls. Both sports halls utilise a state-of-the-art combined elastic flooring system which is designed to reduce injuries by dissipating impact forces without accentuating fatigue, making it an ideal training and competition facility for Netball.

Partnerships

Through partnering with Netball Scotland and Vitality Netball Superleague Franchise Strathclyde Sirens in 2018, the University netball programme continues to grow from strength-to-strength.

Coaching

The Performance Programme has been created by Rachel Cremin, Director of Netball, whilst all FOCUSport training sessions are delivered by dedicated Performance Coaches.

In addition to the support offered to top tier athletes competing in FOCUSports, the University offers Performance Sport Scholarships to World-Class athletes. Performance Sport Scholars are provided with a comprehensive support package equating to a cash equivalent of up to £4,750 per year funded by Strathclyde Sport and through generous donations from the University of Strathclyde Alumni Community.

Academic Flexibility

Where the course lends itself, the Programme Co-Ordinator will work with Performance Sport Scholars and the academic faculties and departments to facilitate a flexible approach to academic studies and assessments around major sporting competitions. This individualised mentoring approach is designed to support the attainment of simultaneous scholarly and sporting success.

Accommodation

So that it is convenient for athletes to attend early morning training sessions, Halls of Residence are situated just a short 5-minute walk from Strathclyde Sport Facility and all students in University accommodation receive free membership to Strathclyde Sport.

Location

Situated in the heart of Glasgow's vibrant City Centre. Only a one-hour flight to London, Glasgow also has great transport links to the rest of the UK, Europe and further afield. Furthermore, our campus is a short walk from two mainline railway stations and the Underground to help you get around the city.

Arrange a Visit

If you are an ambitious student-athlete with aspirations of maximising your academic and Sporting potential simultaneously then we would love to hear from you. Please contact Anne-Marie Hughes (Assistant Head of Department) for more information.

