

#### Achievements

The University of Strathclyde Canoe Club have consistently finsihed 4th in the UK in BUCS competitions. Current Paddlers on the Performance Sport Scholarship Programme include WWR paddlers Laura Milne, Ellie Seed and Jacob Holmes. In addition, amongst its Alumni include Civil Engineering graduate Rachel Houston, who is ranked top 10 in the World for WWR.

## Support Services

Individualised year-round strength and conditioning support is provided by highly experienced practitioners. Additionally, FOCUSport athletes have the opportunity to attend Athlete Lifestyle Workshops.

### **World-Class Training Facilities**

The University of Strathclyde is located in close proximity to Pinkston Watersports Centre. A legacy of the 2014 Commonwealth Games, Pinkston houses a 100m Artificial Whitewater Course and 145m Flat Water Basin for Canoe and Kayak Slalom and Flat Water training, respectively.

Both the Flat Water Basin and Artificial Whitewater Course are supplied with clean water treated to bathing quality making it an exceptional training facility for paddlers.

Furthermore, Pinkston Watersports Centre is home to Pinkston Panthers and Glasgow Kayak Club.

In addition to the support offered to top tier athletes competing in FOCUSports, the University offers Performance Sport Scholarships to World-Class athletes. Performance Sport Scholars are provided with a comprehensive support package equating to a cash equivalent of up to £4,750 per year funded through generous donations from Strathclyde Sport and the University of Strathclyde Alumni Community.

# **Academic Flexibility**

Where the course lends itself, the Programme Co-Ordinator will work with Performance Sport Scholars and the academic faculties and departments to facilitate a flexible approach to academic studies and assessments around major sporting competitions. This individualised mentoring approach is designed to support the attainment of simultaneous scholarly and sporting success.

## Accommodation

So that it is convenient for athletes to attend early morning training sessions, Halls of Residence are situated just a short 5-minute walk from Strathclyde Sport Facility and all students in University accommodation receive free membership to Strathclyde Sport.

### Location

Situated in the heart of Glasgow's vibrant City Centre an less than a 5-min drive from Pinkston Watersports Centre. Glasgow is only a one-hour flight to London, andhas great transport links to the rest of the UK, Europe and further afield. Furthermore, our campus is a short walk from two mainline railway stations and the Underground to help you get around the city.

