



Men's Volleyball

Men's Volleyball is one of the University of Strathclyde's **BRONZE FOCUS**ports which provides additional support to the top tier of athletes to provide them with a competitive advantage over other Universities when competing in BUCS competitions.

World-Class Training Facilities

The University of Strathclyde houses two full-size competition courts with FIVB-approved socketed posts and an additional four full-sized training courts spread over two adjoining sports halls. Both sports halls utilise a state-of-the-art combined elastic flooring system which is designed to reduce injuries by dissipating impact forces without accentuating fatigue. Additionally, the top surface is a vinyl sheet designed to reduce skin burns when diving, making it an ideal training and competition facility for Volleyball.

Achievements

Both the University of Strathclyde Men's and Women's Volleyball teams compete in the highest BUCS competition in Scotland. Former Alumni include Fraser Dunlop and Darren Martin, and London 2012 Olympic Team GB captain Lynne Beattie.

Contact Us



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Coaching

All **FOCUS**port training sessions are delivered by dedicated Performance Coaches.

Support Services

Individualised year-round strength and conditioning support is provided by highly experienced practitioners. Additionally, **FOCUS**port athletes have the opportunity to attend Athlete Lifestyle Workshops covering topics such as: Anti-Doping, Media Training and Practical Cooking Skills.





PERFORMANCE SPORT

Individual Scholarships

In addition to the support offered to top tier athletes competing in **FOCUSports**, the University offers Performance Sport Scholarships to World-Class athletes. Performance Sport Scholars are provided with a comprehensive support package equating to a cash equivalent of up to £4,750 per year funded by Strathclyde Sport and through generous donations from the University of Strathclyde Alumni Community.

Academic Flexibility

The Programme Co-Ordinator will work with Performance Sport Scholars and the academic faculties and departments to facilitate a flexible approach to academic studies and assessments around major sporting competitions. This individualised mentoring approach is designed to support the attainment of simultaneous scholarly and sporting success.

Location

Situated in the heart of Glasgow's vibrant City Centre. Only a one-hour flight to London, Glasgow also has great transport links to the rest of the UK, Europe and further afield. Furthermore, our campus is a short walk from two mainline railway stations and the Underground to help you get around the city.

Accommodation

So that it is convenient for athletes to attend early morning training sessions, Halls of Residence are situated just a short 5-minute walk from Strathclyde Sport Facility and all students in University accommodation receive free membership to Strathclyde Sport.

Arrange a Visit

If you are an ambitious student-athlete with aspirations of maximising your academic and Sporting potential simultaneously then we would love to hear from you. Please contact Anne-Marie Hughes (Assistant Head of Department) for more information.

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