

An Introduction to A Framework for Trauma-Informed Mediation

Global Mediation Clinics Part 2 (University of Strathclyde):

In this session, Prof. Raheena Lalani Dahya (Humber Polytechnic, Canada) will introduce her work, co-authored with Dr. Michael Saini and Dr. Shely Polak, [A Framework for Trauma-Informed Mediation: A Heart and Mind Approach to Conflict Resolution](#) (hyperlinked).

This 20-minute overview will provide participants with key concepts related to both trauma-informed mediation and trauma-informed practice in general. Participants are encouraged to review the [Framework](#) in advance as there will be an opportunity to ask questions during the Q & A period of the conference.

Presenter Bio

Raheena Lalani Dahya, is a family law and community mediator in Toronto, Canada; a Professor of Alternative Dispute Resolution (ADR) at Humber Polytechnic; and a faculty member of family law mediation programs at various institutions in Canada. Her academic focus is split into three streams: (1) the application of neuroscientific principles to the practice mediation, including trauma-informed and attachment-informed mediation; (2) culture and conflict in an algorithmic society; and (3) risk assessment and the mitigation of violence in interpersonal conflict. Raheena's work has been used in North America, the UK, Europe, Africa, and Oceania.



Raheena is a lawyer in Ontario, and an unregistered Barrister in England and Wales. She is accredited as a mediator by multiple institutions internationally. Currently, Raheena is serving her first three-year term as a global mediation trainer for the Aga Khan International Conciliation and Arbitration Board.

Raheena is a dedicated member of the mediation field, having spent years advancing the industry, in part through her leadership roles. She served six terms as an Executive Board Director of the Ontario Bar Association's Alternative Dispute Resolution Section; and four terms as a Board Director for the Family Dispute Resolution Institute of Ontario, (which was then) a family mediation accrediting body, where she founded the Family Violence Section and

served as the inaugural Chair of the Diversity and Inclusion Committee.

Raheena is committed to life-long learning and the rigorous pursuit of knowledge. At present, she is studying in a part-time MSc in Applied Neuroscience programme at King's College London, as part of her ongoing research in ADR & neuroscience.

She is an avid yoga practitioner and a certified yoga teacher.