Healthy Settings Approach in Chikhwawa District

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SCHI programme (2006 – 2016)
- Collaborative programme
  - University of Strathclyde
  - UNIMA – Polytechnic
  - Chikhwawa District Health Office
- Community based preventive health programmes
  - WASH
  - Communicable disease prevention
  - Maternal health
  - Health access
- Scottish Government Funding

Who is the SCHI Team
- Dr Tracy Morse – Project manager
- Mr Save Kumwenda – District coordinator
- Mr Scatter Makumbi – Field Officer

But we will also be working with:
- Members of local government and health offices
- Local and religious leaders
- Colleagues from University of Malawi and University of Strathclyde.
- Other relevant organisations and stakeholders

Healthy Settings and Malawi
- Key health problems in communities are preventable
- HSSP 2011 – 2016 - the need for effective preventive measures
- Healthy settings approach

What are healthy settings?

Determinants of health (Dahlgren & Whitehead, 1991).
Health related issues which could be addressed:

- Safe water and water resource management
- Health care access
- Food safety and hygiene
- Drainage and vector control
- Nutrition
- Socioeconomics
- Mental health and social wellbeing
- Waste management
- Excreta disposal
- Housing

Cross cutting barriers to sustainable health improvements:

- Lack of collaboration between community structures
- Poor support for communities, e.g. HSAs
- Effective identification of community needs?
- Community networking and bonding

Targeted Areas:

- Mfera Health Facility Static Catchment:
  - Population = 7500
  - Households = 1567
  - Communities (n = 18)
  - Markets (n = 2)
  - Schools (n = 3)
  - Health facilities (n = 1)

Communities:

- Chinkole
- Jimuloja
- Khumbulani
- Liwonde
- Solomoni
- Dzimphutsi
- Mwazika
- Patasani
- Chimoto
- Ndelema
- Thukuta
- Kaptein
- Mpezeni
- Lyson
- Mpokonyola
- Kalonga
- Matumula
- Skenala

Schools and Markets:

- Nkhudzi Primary School
- Mfera Primary School
- Mfera Secondary School
- Mfera Market
- Dembo Market
Community driven development

- Understanding who we are working with:
  - Community structures
  - Bonding
  - Needs and expertise
  - Resources
  - Effective prioritization and profiling methods
- Development of action plans

Action plans and measuring impact

- Communities responsible for their own action plans for the 2 years.
- Build capacity with community members and stakeholders where needed.
- Monitoring and evaluation of all activities and outcomes.