Health Promoting Schools Monitoring Model

Scotland Chikwawa Health Initiative
MATERIALS REQUIRED

1. White paper (to draw a tree)
2. Orange paper (to make fruits)
3. Yellow paper (to make flowers)
4. Scissors (for cutting)
5. Paper glue (for sticking papers)
Key Element: one of the 6 HPS elements

Key attribute: something which contributes to achieve something

Action point: something that must be done, as agreed after discussion.
MEANINGS

• **Tree branches**: HPS elements

• **Orange fruit sticker**: Indicates the key attributes under each key factor.

• **Colored flower sticker**: Represents the action points under each key attribute and key element.

• **Extra fruit and flower stickers**: If your school comes up with new key attributes and action points under each key element.
(Before HPS) Tree without flowers and fruits
(HPS in progress)
Tree starts producing flowers
(outcomes of HPS) The tree starts bearing fruits

KEY FACTOR 1: Healthy school policies

1. Healthy and safe food
2. Tobacco, alcohol and drugs free
3. Gender equity
4. Procedures for distribution of medication
5. First aid
6. Control of parasites
FINALLY OUR SCHOOL IS HEALTH PROMOTING!!!
REMEMBER!!!!

A TREE DIES IF IT'S LACKING REQUIRED RESOURCES