

BSc Sport and Physical Activity Degree



International exchange student can study any

1.1 Year One

All 20 credit classes Semester

- B1123 Culture and Context of Sport and Physical Activity (Ms Kate Stewart) (S2)
- B1124 Foundations of Physical Activity for Health (Dr Lauren McMichan) (S1)
- B1125 Foundations of Sport and Physical Activity Psychology (Dr Fiona Muirhead) (S1)
- B1111 Introduction to Research Methods in Sport and Physical Activity (Dr Alison Kirk) (S1)
- B1110 Introduction to Human Physiology and Nutrition (Dr Alex Mavroeidi) (S2)
- B1128 Sports Practice 1 (Dr Lauren McMichan) (S1)

1.2 Year Two

All 20 credit classes

- B1221 Coaching Practice and Sports Development (Ms Kate Stewart) (S1&2)
- B1222 Key Concepts in Sport and Physical Activity Psychology (Dr Fiona Muirhead) (S2)
- B1224 Physical Activity for Health, Fitness and Wellbeing (Dr Adrienne Hughes) (S2)
- B1225 Physiology of Aerobic Exercise (Dr Alex Mavroeidi) (S1)
- B1226 Sports Practice 2 (Dr Lauren McMichan) (S1)

1.3 Year Three

All 20 credit classes

- B1310 Placement and Professional Development (Dr Allan Hewitt) (S1 & 2)
- B1311 Advanced Topics in Physical Activity (Dr Adrienne Hughes) (S1)
- B1345 Sports Practice 3 (Dr Lauren McMichan) (S2)
- B1449 Nutrition for Health and Exercise (Prof. John Reilly) (S2)
- B1372 Data Analytics in Sport, Physical Activity and Health (Dr Xanne Janssen) (S2)

1.4 Year Four

All 20 credit classes with exception of B1405 Dissertation which is 40 credits

- B1405 Dissertation (Dr Alex Mavroeidi) (S1&2)
- B1455 Dissertation Research Skills (Dr Alex Mavroeidi) (S1&2)
- B1408 Practical Project in Physical Activity and Sport Development (Dr Allan Hewitt) (S1&2)
- B1451 Physical Activity with Special Populations (Dr Alison Kirk) (S2)
- B1345 Sports Practice 3 (Dr Lauren McMichan) (S2)