

FACULTY OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGICAL SCIENCES AND HEALTH

PSYCHOLOGY AND COUNSELLING

Bachelor of Science with Honours in Psychology and Counselling
Bachelor of Science in Psychology and Counselling
Diploma of Higher Education in Humanities and Social Sciences
Certificate of Higher Education in Humanities and Social Sciences

These regulations are to be read in conjunction with [General Academic Regulations – Undergraduate, Integrated Master and Professional Graduate Degree Programme Level.](#)

Status of the Programmes

1. All students are normally admitted in the first instance as potential Honours students. Students may be admitted directly to Year 2 with advanced standing of 120 credits.

Mode of Study

2. The programme is available by full-time study only.

Place of Study

3. This programme may require study out with the University.

Curriculum

4. **First Year** - All students shall undertake programme amounting to 120 credits chosen from the curriculum of a programme delivered within the Faculty of Humanities and Social Sciences.

Compulsory Modules

| Module Code | Module Title | Level | Credits |
|--------------------------------------|---------------------|--------------|----------------|
| C8105 | Psychology 1A | 1 | 20 |
| C8106 | Psychology 1B | 1 | 20 |
| Elective Modules(s) worth 20 credits | | | |

Optional Modules

2 x 40 credits paired (1A + 1B) modules from Regulation 17 (see Humanities and Social Sciences Regulations).

5. **Second Year**- All students shall undertake modules amounting to 120 credits as follows:

Compulsory Modules

| Module Code | Module Title | Level | Credits |
|--------------------|---------------------|--------------|----------------|
|--------------------|---------------------|--------------|----------------|

| | | | |
|-------|--|---|----|
| B9200 | Introduction to Mental Health Difficulties | 2 | 20 |
| B9201 | Positive and Humanistic Psychology | 2 | 20 |
| B9202 | Theories of Counselling / Psychotherapy | 2 | 20 |
| C8201 | Cognition and Neuropsychology | 2 | 20 |
| C8202 | Social and Health Psychology | 2 | 20 |
| C8203 | Introduction to Research Design and Analysis | 2 | 20 |

6. **Third Year** - All students shall undertake modules amounting to 120 credits as follows:

Compulsory Modules

| Module Code | Module Title | Level | Credits |
|-------------|------------------------------------|-------|---------|
| B9300 | Counselling Skills Laboratory | 3 | 20 |
| B9301 | Personal Development | 3 | 20 |
| B9302 | Person-Centred Theory | 3 | 20 |
| C8321 | Research Methods and Data Analysis | 3 | 20 |
| C8303 | Individual Differences | 3 | 20 |
| C8307 | Social Psychology | 3 | 20 |

7. **Fourth Year** - All students shall undertake modules amounting to 120 credits as follows:

Compulsory Modules

| Module Code | Module Title | Level | Credits |
|-------------|---|-------|---------|
| B9400 | Practical Experience: Counselling Skills / Research | 4 | 20 |
| C8433 | Honours Cognition | 4 | 20 |
| C8428 | Honours Development | 4 | 20 |
| C8249 | Honours Psychobiology | 4 | 20 |
| C8426 | Dissertation in Psychology | 4 | 40 |

Progress

8. In order to progress to the second year of the programme, see [General Academic Regulations – Undergraduate, Integrated Master and Professional Graduate Degree Programme Level](#).
9. In order to progress to the third year of the programme, a student must have accumulated at least 240 credits from the programme curriculum.
10. In order to progress to the fourth year of the programme, see [General Academic Regulations – Undergraduate, Integrated Master and Professional Graduate Degree Programme Level](#).

Final Assessment and Honours Classification

11. A candidate who has not submitted the dissertation in the prescribed form by the due date as specified by the Department of Psychological Sciences and Health may not be eligible to enter the Final Honours Examination.
12. The final Honours classification will normally be based on the first assessed attempt at compulsory modules taken in the fourth year and, as appropriate, in the third year.

Award

13. **BSc with Honours:** In order to qualify for the award of the BSc with Honours in Psychology and Counselling, a candidate must have accumulated no fewer than 480 credits from the programme curriculum.
14. **BSc:** In order to qualify for the award of the BSc in Psychology and Counselling, a candidate must have accumulated no fewer than 360 credits from the programme curriculum.
15. **Diploma of Higher Education:** In order to qualify for the award of a Diploma of Higher Education in Humanities and Social Sciences, a candidate must have accumulated no fewer than 240 credits including at least 100 from Level 2.
16. **Certificate of Higher Education:** In order to qualify for the award of a Certificate of Higher Education in Humanities and Social Sciences, a candidate must have accumulated no fewer than 120 credits.