

**CS01 TUESDAY (all-day online)** 10.00am-15.45pm.

**Tutor: Brett Buchanan**

**Induction Session: Monday 19th August, 6.00-7.30pm**

**Guest Speaker sessions: Mondays from 6.30-8.00pm**

<b>Module 1</b>	<b>Date</b>		
Unit 1	27/08/24	Introductions, Expectations, Working agreement	
Unit 2	27/08/24	Defining a Counselling Approach	
Unit 3	03/09/24	Intro to Practice - Attending	
Unit 4	03/09/24	Intro to Practice - Responding	
Unit 5	10/09/24	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	10/09/24	Essential Qualities - Acceptance	
Unit 7	17/09/24	Essential Qualities – Genuineness& Empathy	
Unit 9	17/09/24	Intro to Ethics - Confidentiality	
Unit 8	24/09/24	Integrated Practice	
Unit 10	24/09/24	FILMING	Filming opportunity <b>Written assignment (1000 words) due by 5pm on 25/09/24</b>
Unit 11	01/10/24	Student presentations / 1:1	
Unit 12	01/10/24	Student presentations	
<b>Module 2</b>	<b>Date</b>		
Unit 1	15/10/24	Review of Mod 1. Working Agreement	
Unit 2	15/10/24	Intro to Structures: Boundaries & Beginnings	
Unit 3	22/10/24	Transitions. Attachment and Loss	
Unit 4	22/10/24	Structures: Middles & Focusing	
Unit 5	29/10/24	Structures: Middles. Change & Challenge	
Unit 6	29/10/24	Sexuality	Filming opportunity
Unit 9	05/11/24	Structures: Endings	
Unit 8	05/11/24	Ethics: Working with Difference	Filming opportunity
Unit 7	12/11/24	Self-awareness. Motives & Values	Filming opportunity <b>Written assignment (1500 words) due by 5pm on 13/11/24</b>
Unit 10	12/11/24	Filming	
Unit 11	19/11/24	Student presentations / 1:1	
Unit 12	19/11/24	Student presentations	
<b>Module 3</b>	<b>Date</b>		
Unit 1	03/12/24	Overview & Working agreement	
Unit 2	03/12/24	Theories	
Unit 3	10/12/24	Humanism & PCT	Audio recording opportunity
Unit 4	10/12/24	Psychodynamic	Audio recording opportunity
Unit 5	17/12/24	Life mapping	
Unit 6	17/12/24	Genograms	
Unit 7	07/01/25	CBT	Audio recording opportunity
Unit 8	07/01/25	Ethics - Power	
Unit 9	14/01/25	Spirituality	
Unit 10	14/01/25	Final audio recording if necessary *Next week off (21/01/25)	<b>Transcript &amp; reflection assignment (1500 words) due by 5pm on 21/01/25</b>
Unit 11	28/01/25	Student Transcript & Presentations	Final part of assessment
Unit 12	28/01/25	Student Transcript & Presentations	

Module 4	Date		
Unit 1	11/02/25	Overview/Working agreement	
Unit 2	11/02/25	Gestalt	
Unit 3	18/02/25	Ethics – Boundary issues	
Unit 5	18/02/25	TA	
Unit 4	25/02/25	Social inclusion	
Unit 6	25/02/25	Stress	
Unit 7	04/03/25	Ethics – listener responsibilities – supervision	
Unit 8	04/03/25	Assessment Pt1	Assessment Triad 1
Unit 9	11/03/25	Assessment Pt 2	Assessment Triad 2 <b>Written Assignment (2000 words) due by 5pm on 11/03/25</b>
Unit 10	11/03/25	Assessment Pt 3	Assessment Triad 3
Unit 11	18/03/25	Student final Presentations	Final part of assessment
Unit 12	18/03/25	Student final Presentations	Final part of assessment

Guest Speaker Sessions/Dates – Monday evenings 6.30-8.00pm, online via Zoom		
Module 1	16/09/2024	Adverse Childhood Experiences and Trauma
	30/09/2024	Attachment
Module 2	28/10/2024	Sexuality and Gender Identity
Module 3	09/12/2024	Person Centred Therapy
	16/12/2024	Psychodynamic Therapy
	06/01/2025	Cognitive Behavioural Therapy
Module 4	17/02/2025	Transactional Analysis