

September 2025-March 2026

CS03: Tuesdays full day (on-campus) 10.00am-12.30pm (morning) and 1.00-3.30pm (afternoon).

Tutor: Fiona Cameron

Guest Speaker sessions: Mondays from 6.30-8.00pm online via Zoom

Induction Session: Tuesday 19th August from 4.00-5.00pm, online via Zoom

Module 1	Date		
Unit 1	2/9/2025	Introductions, Expectations, Working agreement	
Unit 2	2/9/2025	Defining a Counselling Approach	
Unit 3	9/9/2025	Intro to Practice - Attending	
Unit 4	9/9/2025	Intro to Practice - Responding	
Unit 5	16/9/2025	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	16/9/2025	Essential Qualities - Acceptance	
Unit 7	23/9/2025	Essential Qualities – Genuineness & Empathy	
Unit 8	23/9/2025	Integrated Practice	Filming opportunity
Unit 9	30/9/2025	Intro to Ethics - Confidentiality	
Unit 10	30/9/2025	FILMING	Written assignment due on 1/10/2025 by 5pm (1000 words).
Unit 11	7/10/2025	Student presentations / 1:1	
Unit 12	7/10/2025	Student presentations	
Module 2	Date		
Unit 1	14/10/2025	Review of Mod 1. Working Agreement	
Unit 2	14/10/2025	Intro to Structures: Boundaries & Beginnings	
Unit 3	21/10/2025	Transitions. Attachment and Loss	
Unit 4	21/10/2025	Structures: Middles & focusing	
Unit 5	28/10/2025	Structures: Middles. Change & Challenge	
Unit 6	28/10/2025	Sexuality	Filming opportunity
Unit 9	4/11/2025	Structures: Endings	
Unit 8	4/11/2025	Ethics: Working with Difference	Filming opportunity
Unit 7	11/11/2025	Self-awareness. Motives & Values	
Unit 10	11/11/2025	FILMING	Written assignment due on 12/11/25 by 5pm (1500 words).
Unit 11	18/11/2025	Student presentations / 1:1	
Unit 12	18/11/2025	Student presentations	
Module 3	Date		
Unit 1	25/11/2025	Overview & Working agreement	
Unit 2	25/11/2025	Theories	
Unit 3	2/12/2025	Humanism & PCT	Audio recording opportunity
Unit 4	2/12/2025	Psychodynamic	Audio recording opportunity
Unit 5	9/12/2025	Life mapping	
Unit 6	9/12/2025	Genograms	
Unit 7	16/12/2025	CBT	Audio recording opportunity
Unit 8	16/12/2025	Ethics - Power	
		FESTIVE BREAK	
Unit 9	13/1/2026	Spirituality	
Unit 10	13/1/2026	Final audio recording if necessary *Next week off (20/1/2026) for transcribing	Transcript & reflection assignment due on 21/01/26 by 5pm (1500 words).

Unit 11	27/1/2026	Student Transcript & Presentations	Final part of assessment
Unit 12	27/1/2026	Student Transcript & Presentations	
		No class 3rd February 2026	
Module 4	Date		
Unit 1	10/2/2026	Overview/Working agreement	
Unit 2	10/2/2026	Gestalt	
Unit 3	17/2/2026	Ethics – Boundary issues	
Unit 4	17/2/2026	TA	
Unit 5	24/2/2026	Social inclusion	
Unit 6	24/2/2026	Stress	
Unit 7	3/3/2026	Ethics – listener responsibilities – supervision	
Unit 8	3/3/2026	Assessment Pt1	Assessment Triad 1.
Unit 9	10/3/2026	Assessment Pt 2	Assessment Triad 2.
Unit 10	10/3/2026	Assessment Pt 3	Assessment Triad 3. Written Assignment due on 11/03/26 by 5pm (2000 words).
Unit 11	17/3/2026	Student final Presentations	Final part of assessment
Unit 12	17/3/2026	Student final Presentations	

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

Guest Speaker	Mod	Modality/Topic	Date
John McCormack	M1	Adverse Childhood Experiences (ACEs)	TBC
Fiona Cameron	M1	Attachment Theory	TBC
TBA	M2	Sexuality (Gender)	TBC
Ishtar Swaffield & Ross Cairns	M3	Person Centred Therapy (PCT)	TBC
Alison Hunter	M3	Psychodynamic	TBC
Brett Buchanan	M3	Cognitive Behavioural Therapy (CBT)	TBC
Fiona Firman	M4	Transactional Analysis (TA)	TBC