

September 2025 – June 2026

CS04: Tuesday evenings (on-campus) from 2nd September 2025, 6.00-8.30pm
Including **Saturdays** 10.00am-12.30pm, 13.00-3.30pm

Tutor: Colin Flynn

Guest Speaker sessions: Mondays from 6.30-8.00pm

Induction Session: Tuesday 19th August from 4.00-5.00pm, online via Zoom

Module 1	Date		
Unit 1	2/9/25	Introductions, Expectations, Working agreement	
Unit 2	9/9/25	Defining a Counselling Approach	
Unit 3	16/9/25	Intro to Practice - Attending	
Unit 4	23/9/25	Intro to Practice - Responding	
Unit 5	30/9/25	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	SAT 4/10/25	Essential Qualities - Acceptance	10.00 – 12.30pm
Unit 7	7/10/25	Essential Qualities – Genuineness & Empathy	
Unit 9	14/10/25	Intro to Ethics - Confidentiality	<i>Written assignment due by 5pm on 14/10/25 (1000 words).</i>
Unit 8	SAT 18/10/25	Integrated Practice	10.00am-12.30pm Filming opportunity
Unit 10	SAT 18/10/25	FILMING	1.00-3.30pm
Unit 11	21/10/25	Student presentations / 1:1	
Unit 12	28/10/25	Student presentations	
Module 2	Date		
Unit 1	11/11/25	Review of Mod 1. Working Agreement	
Unit 2	18/11/25	Intro to Structures: Boundaries & Beginnings	
Unit 3	SAT 22/11/25	Transitions. Attachment and Loss	10.00am-12.30pm
Unit 4	SAT 22/11/25	Structures: Middles & Focusing	1.00-3.30pm
Unit 5	25/11/25	Structures: Middles. Change & Challenge	Filming opportunity
Unit 6	2/12/25	Sexuality	
Unit 9	9/12/25	Structures: Endings	Filming opportunity
Unit 8	16/12/25	Ethics: Working with Difference	<i>Written assignment due on 16/12/25 by 5pm (1500 words).</i>
Unit 7	6/1/26	Self-awareness. Motives & Values	
Unit 10	13/1/26	Filming	
Unit 11	20/1/26	Student presentations / 1:1	
Unit 12	27/01/26	Student presentations	
Module 3	Date		
Unit 1	10/2/26	Overview & Working agreement	
Unit 2	SAT 14/2/26	Theories	10.00am-12.30pm
Unit 3	SAT 14/2/26	Humanism & PCT	1.00-3.30pm Audio recording opportunity
Unit 4	17/2/26	Psychodynamic	Audio recording opportunity
Unit 5	24/2/26	Life mapping	
Unit 6	3/3/26	Final audio recording if necessary	Audio recording opportunity

		*Next week off (10/3/24) for transcribing	
Unit 7	17/3/26	CBT	
Unit 8	24/3/26	Ethics - Power	
Unit 9	31/3/26	Spirituality	
Unit 10	7/4/26	Genograms	<i>Transcript & reflection assignment due on 07/4/26 by 5pm (1500 words).</i>
Unit 11	14/4/26	Student Transcript & Presentations	Final part of assessment
Unit 12	21/4/26	Student Transcript & Presentations	
Module 4	Date		
Unit 1	05/5/26	Overview/Working agreement	
Unit 5	SAT 9/5/26	TA	10.00am-12.30pm
Unit 3	SAT 9/5/26	Ethics – Boundary issues	1.00-3.30pm
Unit 2	12/5/26	Gestalt	
Unit 6	19/5/26	Stress	
Unit 4	26/5/26	Social inclusion	
Unit 7	2/6/26	Ethics – listener responsibilities – supervision	
Unit 8	SAT 6/6/26	Assessment Pt1	10.00am-12.30pm Assessment Triad 1.
Unit 9	SAT 6/6/26	Assessment Pt 2	1.00-3.30pm Assessment Triad 2.
Unit 10	9/6/26	Assessment Pt 3	Assessment Triad 3. <i>Written Assignment due on 9/6/26 by 5pm (2000 words).</i>
Unit 11	16/6/26	Student final Presentations	Final part of assessment
Unit 12	23/6/26	Student final Presentations	

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

Guest Speaker	Mod	Modality/Topic	Date
John McCormack	M1	Adverse Childhood Experiences (ACEs)	TBC
Fiona Cameron	M1	Attachment Theory	TBC
TBA	M2	Sexuality (Gender)	TBC
Ishtar Swaffield & Ross Cairns	M3	Person Centred Therapy (PCT)	TBC
Alison Hunter	M3	Psychodynamic	TBC
Brett Buchanan	M3	Cognitive Behavioural Therapy (CBT)	TBC
Fiona Firman	M4	Transactional Analysis (TA)	TBC