August 2025 – March 2026

CS05: WEDNESDAY (all day online) 10am-12.30pm, 1.15-3.45pm.

Tutor: Brett Buchanan

Guest Speaker sessions: Mondays from 6.30-8.00pm online via Zoom

Induction Session: Tuesday 19th August from 4.00-5.00pm, online via Zoom

Unit 1 27/08/25 Introductions, Expectations, Working agreement Unit 2 27/08/25 Defining a Counselling Approach Unit 4 03/09/25 Intro to Practice - Responding Unit 5 10/09/25 Self-awareness, Johari Window & Guided Fantasy Unit 6 10/09/25 Sesential Qualities - Acceptance Unit 7 17/09/25 Essential Qualities - Acceptance Unit 9 17/09/25 Intro to Ethics - Confidentiality Unit 8 24/09/25 Integrated Practice Unit 10 24/09/25 FILMING Filming opportunity Winten assignment due on 24/09/25 by 5pm (1000 words). Unit 11 01/10/25 Student presentations Filming opportunity Winten assignment due on 24/09/25 by 5pm (1000 words). Unit 1 01/10/25 Student presentations Prophylosomy 1000 words. Unit 1 01/10/25 Student presentations Prophylosomy 1000 words. Unit 1 01/10/25 Student presentations Prophylosomy 1000 words. Unit 2 15/10/25 Intro to Structures: Boundaries & Beginnings Prophylosomy 1000 words. Unit 2 15/10/25					
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Module 4	Date		
Unit 1	11/02/26	Overview/Working agreement	
Unit 2	11/02/26	Gestalt	
Unit 3	18/02/26	Ethics – Boundary issues	
Unit 5	18/02/26	TA	
Unit 4	25/02/26	Social inclusion	
Unit 6	25/02/26	Stress	
Unit 7	04/03/26	Ethics – listener responsibilities – supervision	
Unit 8	04/03/26	Assessment Pt1	Assessment Triad 1
Unit 9	11/03/26	Assessment Pt 2 Assessment Triad 2	
			Written Assignment due
			on 11/03/26 by 5pm (2000 words).
Unit 10	11/03/26	Assessment Pt 3	Assessment Triad 3
Unit 11	18/03/26	Student final Presentations	Final part of assessment
Unit 12	18/03/26	Student final Presentations	Final part of assessment

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

Guest Speaker	Mod	Modality/Topic	Date
John McCormack	M1	Adverse Childhood Experiences (ACEs)	ТВС
Fiona Cameron	M1	Attachment Theory	ТВС
ТВА	M2	Sexuality (Gender)	ТВС
Ishtar Swaffield & Ross Cairns	М3	Person Centred Therapy (PCT)	ТВС
Alison Hunter	М3	Psychodynamic	ТВС
Brett Buchanan	М3	Cognitive Behavioural Therapy (CBT)	ТВС
Fiona Firman	M4	Transactional Analysis (TA)	ТВС