

September 2025 – June 2026

CS06: WEDNESDAY MORNINGS (on-campus) 10.00am – 12.30pm.

Including full day SATURDAYS (on-campus) 10.00-12.30pm & 1.00-3.30pm

Tutor: Gillian Dinnie

Guest Speaker sessions: Mondays from 6.30-8.00pm online via Zoom

Induction Session: Tuesday 19th August from 4.00-5.00pm, online via Zoom

| Module 1 | Date | | |
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| Unit 1 | 3/9/25 | Introductions, Expectations, Working agreement | |
| Unit 2 | 10/9/25 | Defining a Counselling Approach | |
| Unit 3 | SAT 13/9/25 | Intro to Practice - Attending | 10am-12.30pm |
| Unit 4 | SAT 13/9/25 | Intro to Practice - Responding | 1pm-3.30pm |
| Unit 5 | 17/9/25 | Self-awareness, Johari Window & Guided Fantasy | |
| Unit 6 | 24/09/25 | Essential Qualities - Acceptance | |
| Unit 7 | 1/10/25 | Essential Qualities – Genuineness& Empathy | |
| Unit 9 | 8/10/25 | Intro to Ethics - Confidentiality | |
| Unit 8 | 15/10/25 | Integrated Practice | |
| Unit 10 | 22/10/25 | FILMING | Filming opportunity Written assignment due on 22/10/25 by 5pm (1000 words). |
| Unit 11 | 29/10/25 | Student presentations | |
| Unit 12 | 5/11/25 | Student presentations | |
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| Module 2 | Date | | |
| Unit 1 | 12/11/25 | Review of Mod 1. Working Agreement | |
| Unit 2 | 19/11/25 | Intro to Structures: Boundaries & Beginnings | |
| Unit 4 | SAT 22/11/25 | Transitions. Attachment and Loss Structures: Middles & focusing | 10am – 12.30pm |
| Unit 5 | SAT 22/11/25 | Structures: Middles. Change & Challenge | 1pm-3.30pm |
| Unit 3 | 26/11/25 | Transitions. Attachment and Loss | |
| Unit 6 | 3/12/25 | Sexuality | |
| Unit 7 | 10/12/25 | Self-awareness. Motives & Values | |
| Unit 8 | 17/12/25 | Ethics: Working with Difference | Filming opportunity |
| Unit 9 | 7/01/26 | Structures: Endings | Filming opportunity |
| Unit 10 | 14/1/26 | Filming | Written assignment due on 14/01/26 by 5pm (1500 words). |
| Unit 11 | SAT 17/1/26 | Student presentations | 10am – 12.30pm |
| Unit 12 | SAT 17/1/26 | Student presentations | 1pm-3.30pm |
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| Module 3 | Date | | |
| Unit 1 | 28/1/26 | Overview & Working agreement | |
| Unit 2 | 4/2/26 | Theories | |
| Unit 3 | 11/2/26 | Humanism & PCT | Audio recording opportunity |

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| Unit 4 | 18/2/26 | Psychodynamic | Audio recording opportunity |
| Unit 5 | SAT 21/2/26 | Lifeline | 10am – 12.30pm |
| Unit 6 | SAT 21/2/26 | Genograms | 1pm-3.30pm |
| Unit 7 | 25/2/26 | CBT | Audio recording opportunity |
| Unit 8 | 4/3/26 | Ethics – Listener's Responsibilities | |
| Unit 9 | 25/3/26 | Spirituality | |
| Unit 10 | 1/4/26 | Final audio recording if necessary *Next week off (8th April for transcribing) | Transcript & reflection assignment due on 8/04/26 by 5pm (1500 words). |
| Unit 11 | 15/4/26 | Student Transcript & Presentations | Final part of assessment |
| Unit 12 | 22/4/26 | Student Transcript & Presentations | Final part of assessment |
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| Module 4 | Date | | |
| Unit 1 | 6/5/26 | Overview/Working agreement | |
| Unit 2 | 13/5/26 | Gestalt | |
| Unit 3 | SAT 16/5/26 | Ethics – Boundary issues | 10am – 12.30pm |
| Unit 5 | SAT 16/5/26 | TA | 1pm-3.30pm |
| Unit 4 | 20/5/26 | Social inclusion | |
| Unit 6 | 27/5/26 | Stress | |
| Unit 7 | 3/6/26 | Ethics – listener responsibilities – supervision | |
| Unit 8 | 10/6/26 | Assessment Pt1 | Assessment Triad 1. |
| Unit 9 | 17/6/26 | Assessment Pt 2 | Assessment Triad 2. Written Assignment due on 17/6/26 by 5pm (2000 words). |
| Unit 10 | 24/6/26 | Assessment Pt 3 | Assessment Triad 3. |
| Unit 11 | SAT 27/6/26 | Student final Presentations | 10am – 12.30pm Final part of assessment |
| Unit 12 | SAT 27/6/26 | Student final Presentations | 1pm-3.30pm Final part of assessment |

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

| Guest Speaker | Mod | Modality/Topic | Date |
|--------------------------------|-----|--------------------------------------|------|
| John McCormack | M1 | Adverse Childhood Experiences (ACEs) | TBC |
| Fiona Cameron | M1 | Attachment Theory | TBC |
| TBA | M2 | Sexuality (Gender) | TBC |
| Ishtar Swaffield & Ross Cairns | M3 | Person Centred Therapy (PCT) | TBC |
| Alison Hunter | M3 | Psychodynamic | TBC |
| Brett Buchanan | M3 | Cognitive Behavioural Therapy (CBT) | TBC |
| Fiona Firman | M4 | Transactional Analysis (TA) | TBC |