

**CS07 SATURDAY (CONDENSED ONLINE)** Saturdays: 10am-12.30pm & 1pm – 3.30pm.

Sundays: 10am-12.30pm & 1pm – 3.30pm.

**Tutor: Joyce Hill**

**Induction Session: Monday 19th August, 6.00-7.30pm**

**Guest Speaker sessions: Mondays from 6.30-8.00pm**

<b>Module 1</b>	<b>Date</b>		
Unit 1	31/8/24	Introductions, Expectations, Working agreement	
Unit 2	31/8/24	Defining a Counselling Approach	
Unit 3	07/9/24	Intro to Practice - Attending	
Unit 4	07/9/24	Intro to Practice - Responding	
Unit 5	14/9/24	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	14/9/24	Essential Qualities - Acceptance	
Unit 7	21/9/24	Essential Qualities – Genuineness& Empathy	
Unit 9	21/9/24	Intro to Ethics - Confidentiality	<b>Written assignment (1000 words) due by 5pm on 24/09/24</b>
Unit 8	28/9/24	Integrated Practice	Filming opportunity
Unit 10	28/9/24	FILMING	
Unit 11	5/10/24	Student presentations / 1:1	
Unit 12	5/10/24	Student presentations	
<b>Module 2</b>	<b>Date</b>		
Unit 1	19/10/24	Review of Mod 1. Working Agreement	
Unit 2	19/10/24	Intro to Structures: Boundaries & Beginnings	
Unit 3	<b>SUN 20/10/24</b>	Transitions. Attachment and Loss	
Unit 4	<b>SUN 20/10/24</b>	Structures: Middles & Focusing	
Unit 5	02/11/24	Structures: Middles. Change & Challenge	
Unit 6	02/11/24	Sexuality	Filming opportunity
Unit 7	9/11/24	Self-awareness. Motives & Values	
Unit 8	9/11/24	Ethics: Working with Difference	
Unit 9	16/11/24	Structures: Endings	Filming opportunity
Unit 10	16/11/24	Filming	<b>Written assignment (1500 words) due by 5pm on 17/11/24</b>
Unit 11	<b>SUN 24/11/24</b>	Student presentations / 1:1	
Unit 12	<b>SUN 24/11/24</b>	Student presentations	
<b>Module 3</b>	<b>Date</b>		
Unit 1	07/12/24	Overview & Working agreement	
Unit 2	07/12/24	Theories	
Unit 3	14/12/24	Humanism & PCT	Audio recording opportunity
Unit 4	14/12/24	Psychodynamic	Audio recording opportunity
Unit 5	21/12/24	Life mapping	
Unit 6	21/12/24	Genograms	
Unit 7	11/1/25	CBT	Audio recording opportunity
Unit 8	11/1/25	Ethics - Power	
Unit 9	18/1/25	Spirituality	
Unit 10	18/1/25	Final audio recording if necessary	<b>Transcript &amp; reflection assignment</b>

		*Next week off (25th January for transcribing)	<b>(1500 words) due by 5pm on 25/01/25</b>
Unit 11	<b>SUN 2/02/25</b>	Student Transcript & Presentations	Final part of assessment
Unit 12	<b>SUN 2/02/25</b>	Student Transcript & Presentations	
<b>Module 4</b>	<b>Date</b>		
Unit 1	15/2/25	Overview/Working agreement	
Unit 2	15/2/25	Gestalt	
Unit 3	22/2/25	Ethics – Boundary issues	
Unit 5	22/2/25	TA	
Unit 4	1/3/25	Social inclusion	
Unit 6	1/3/25	Stress	
Unit 7	8/3/25	Ethics – listener responsibilities – supervision	
Unit 8	8/3/25	Assessment Pt1	Assessment Triad 1. <b>Written Assignment (2000 words) due by 5pm on 09/03/25</b>
Unit 9	15/3/25	Assessment Pt 2	Assessment Triad 2.
Unit 10	15/3/25	Assessment Pt 3	Assessment Triad 3
Unit 11	22/3/25	Student final Presentations	Final part of assessment
Unit 12	22/3/25	Student final Presentations	Final part of assessment

<b>Guest Speaker Sessions/Dates – Monday evenings 6.30-8.00pm, online via Zoom</b>		
Module 1	16/09/2024	Adverse Childhood Experiences and Trauma
	30/09/2024	Attachment
Module 2	28/10/2024	Sexuality and Gender Identity
Module 3	09/12/2024	Person Centred Therapy
	16/12/2024	Psychodynamic Therapy
	06/01/2025	Cognitive Behavioural Therapy
Module 4	17/02/2025	Transactional Analysis