

**CS10 Tuesday (online): 10.00am-12.30pm (morning) and 1.15-3.45pm (afternoon),**

**Tutor: Martin Innes**

**Guest Speaker sessions: Mondays from 6.30-8.00pm**

**Induction Session: Monday 6<sup>th</sup> January 2025 from 6.00-7.00pm – online via Zoom**

Module 1	Date		
Unit 1	07/01/25	Introductions, Expectations, Working Agreement	
Unit 2	07/01/25	Defining a Counselling Approach	
Unit 3	14/01/25	Intro to Practice – Attending	
Unit 4	14/01/25	Intro to Practice – Responding	
Unit 5	21/01/25	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	21/01/25	Essential Qualities – Acceptance	
Unit 7	28/01/25	Essential Qualities – Genuineness & Empathy	
Unit 9	28/01/25	Intro to Ethics – Confidentiality	
Unit 8	04/02/25	Integrated Practice	
Unit 10	04/02/25	Skills Practice Assessment Filming (to ensure you have your own Zoom Acc.)	<i>Written assignment (1000 words) due by 5pm on Wednesday 05/02/25</i>
Unit 11	11/02/25	Student reflective presentation	<i>Includes one to one check-in</i>
Unit 12	11/02/25	Student reflective presentation	<i>Includes one to one check-in</i>
Module 2	Date		
Unit 1	25/02/25	Review of Mod 1. Working Agreement	
Unit 2	25/02/25	Intro to Structures: Boundaries & Beginnings	
Unit 3	04/03/25	Transitions. Attachment and Loss	
Unit 4	04/03/25	Structures: Middles & Focusing	
Unit 5	11/03/25	Structures: Middles. Change & Challenge	
Unit 6	11/03/25	Sexuality	
Unit 8	18/03/25	Ethics: Working with Difference	
Unit 9	18/03/25	Structures: Endings	
Unit 7	25/03/25	Self-awareness. Motives & Values	<i>Written assignment (1500 words) due by 5pm on Wednesday 26/03/25</i>
Unit 10	25/03/25	Skills practice assessment filming (Zoom Accounts).	
Unit 11	01/04/25	Student reflective presentations	<i>Includes one to one check-in</i>
Unit 12	01/04/25	Student reflective presentations	<i>Includes one to one check-in</i>
Module 3	Date		
Unit 1	15/04/25	Overview & Working agreement	
Unit 2	15/04/25	Theories	
Unit 3	22/04/25	Humanism & PCT	Audio recording opportunity
Unit 4	22/04/25	Psychodynamic	
Unit 5	29/04/25	Life mapping	
Unit 6	29/04/25	Genograms	
Unit 7	06/05/25	CBT	
Unit 8	06/05/25	Ethics – Power	
Unit 9	13/05/25	Spirituality	
Unit 10	13/05/25	Skills Assessment Audio Recording *Next week off (20/05/25) for transcribing	<i>Transcript &amp; reflection assignment (1500 words) due 20/05/25 by 5pm.</i>

Unit 11	27/05/25	Student Transcript & Reflective presentations	Final part of assessment
Unit 12	27/05/25	Student Transcript & Reflective presentations	
		<b>No week off between Module 3 and 4</b>	
<b>Module 4</b>	<b>Date</b>		
Unit 1	03/06/25	Overview/Working agreement	
Unit 2	03/06/25	Gestalt	
Unit 3	10/06/25	Ethics – Boundary issues	
Unit 5	10/06/25	TA	
Unit 4	17/06/25	Social inclusion	
Unit 6	17/06/25	Stress	
Unit 7	24/06/25	Ethics – listener responsibilities – supervision	
Unit 8	24/06/25	Assessment Pt1	Assessment Triad 1.
Unit 9	01/07/25	Assessment Pt 2	Assessment Triad 2.
Unit 10	01/07/25	Assessment Pt 3	Assessment Triad 3. <b>Written Assignment due 02/07/25 (2000 words by 5pm).</b>
Unit 11	08/07/25	Student final reflective presentations	Final Assessment
Unit 12	08/07/25	Student final reflective presentations	

**Guest Speaker Dates TBC.**