

January 2026 – July 2026

CS10: Tuesdays full day (on-campus) 10.00am-12.30pm (morning) and 1.00-3.30pm (afternoon).

Tutor: Zoe Storrie

Guest Speaker sessions: Mondays from 6.30-8.00pm online via Zoom

Module 1	Date		
Unit 1	13/1/26	Introductions, Expectations, Working agreement	
Unit 2	13/1/26	Defining a Counselling Approach	
Unit 3	20/1/26	Intro to Practice - Attending	
Unit 4	20/1/26	Intro to Practice - Responding	
Unit 5	27/1/26	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	27/1/26	Essential Qualities - Acceptance	
Unit 7	3/2/26	Essential Qualities – Genuineness & Empathy	
Unit 8	3/2/26	Integrated Practice	Filming opportunity
Unit 9	10/2/26	Intro to Ethics - Confidentiality	
Unit 10	10/2/26	FILMING	Written assignment due on 10/2/26 by 5pm (1000 words).
Unit 11	17/2/26	Student presentations / 1:1	
Unit 12	17/2/26	Student presentations	
Module 2	Date		
Unit 1	24/2/26	Review of Mod 1. Working Agreement	
Unit 2	24/2/26	Intro to Structures: Boundaries & Beginnings	
Unit 3	3/3/26	Transitions. Attachment and Loss	
Unit 4	3/3/26	Structures: Middles & focusing	
Unit 5	10/3/26	Structures: Middles. Change & Challenge	
Unit 6	10/3/26	Sexuality	Filming opportunity
Unit 9	17/3/26	Structures: Endings	
Unit 8	17/3/26	Ethics: Working with Difference	Filming opportunity
Unit 7	24/3/26	Self-awareness. Motives & Values	
Unit 10	24/3/26	FILMING	Written assignment due on 24/3/26 by 5pm (1500 words).
Unit 11	31/3/26	Student presentations / 1:1	
Unit 12	31/3/26	Student presentations	
Module 3	Date		
Unit 1	14/4/26	Overview & Working agreement	
Unit 2	14/4/26	Theories	
Unit 3	21/4/26	Humanism & PCT	Audio recording opportunity
Unit 4	21/4/26	Psychodynamic	Audio recording opportunity
Unit 5	28/4/26	Life mapping	
Unit 6	28/4/26	Genograms	
Unit 7	5/5/26	CBT	Audio recording opportunity
Unit 8	5/5/26	Ethics - Power	
Unit 9	12/5/26	Spirituality	
Unit 10	12/5/26	Final audio recording if necessary *Next week off (19/5/26) for transcribing	Transcript & reflection assignment due on 19/5/26 by 5pm (1500 words).
		No class 19 th May	
Unit 11	26/5/26	Student Transcript & Presentations	Final part of assessment
Unit 12	26/5/26	Student Transcript & Presentations	

Module 4	Date		
Unit 1	2/6/26	Overview/Working agreement	
Unit 2	2/6/26	Gestalt	
Unit 3	9/6/26	Ethics – Boundary issues	
Unit 4	9/6/26	TA	
Unit 5	16/6/26	Social inclusion	
Unit 6	16/6/26	Stress	
Unit 7	23/6/26	Ethics – listener responsibilities – supervision	
Unit 8	23/6/26	Assessment Pt1	Assessment Triad 1. Written Assignment due on 23/6/26 by 5pm (2000 words).
Unit 9	30/6/29	Assessment Pt 2	Assessment Triad 2
Unit 10	30/6/26	Assessment Pt 3	Assessment Triad 3.
Unit 11	7/7/26	Student final Presentations	Final part of assessment
Unit 12	7/7/26	Student final Presentations	

Assessment dates

Module	1	2	3	4
Written assessment	10/2/26	24/3/26	19/5/26	23/6/26
U10 Filming	10/2/26	24/3/26	12/5/26	x
Presentations	17/2/26	31/3/26	26/5/26	7/7/26

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

Guest Speaker	Modality/Topic	Date
John McCormack	Adverse Childhood Experiences (ACEs)	26/1/26
Fiona Cameron	Attachment Theory	2/2/26
Saad Malik	Sexuality (Gender)	9/2/26
Ishtar Swaffield & Ross Cairns	Person Centred Therapy (PCT)	23/2/26
Alison Hunter	Psychodynamic	2/3/26
Brett Buchanan	Cognitive Behavioural Therapy (CBT)	16/3/26
Fiona Firman	Transactional Analysis (TA)	11/5/26