

CS11 Wednesday (online): 10.00am-12.30pm (morning) and 1.15-3.45pm (afternoon)

Tutor: Brett Buchanan

Guest Speaker sessions: Mondays from 6.30-8.00pm

Induction Session: Monday 6th January 2025 from 6.00-7.00pm – online via Zoom

Module 1	Date		
Unit 1	08/01/25	Introductions, Expectations, Working agreement	
Unit 2	08/01/25	Defining a Counselling Approach	
Unit 3	15/01/25	Intro to Practice - Attending	
Unit 4	15/01/25	Intro to Practice - Responding	
Unit 5	22/01/25	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	22/01/25	Essential Qualities - Acceptance	
Unit 7	29/01/25	Essential Qualities – Genuineness & Empathy	
Unit 9	29/01/25	Intro to Ethics - Confidentiality	
Unit 8	05/02/25	Integrated Practice	
Unit 10	05/02/25	FILMING	Written assignment due on 06/02/25 by 5pm (1000 words).
Unit 11	12/02/25	Student presentations	
Unit 12	12/02/25	Student presentations	
Module 2	Date		
Unit 1	26/02/25	Review of Mod 1. Working Agreement	
Unit 2	26/02/25	Intro to Structures: Boundaries & Beginnings	
Unit 3	05/03/25	Transitions. Attachment and Loss	
Unit 4	05/03/25	Structures: Middles & Focusing	
Unit 5	12/03/25	Structures: Middles. Change & Challenge	
Unit 6	12/03/25	Sexuality	Filming opportunity
Unit 9	19/03/25	Structures: Endings	
Unit 8	19/03/25	Ethics: Working with Difference	Filming opportunity
Unit 7	26/03/25	Self-awareness. Motives & Values	Written assignment due on 27/03/25 by 5pm (1500 words).
Unit 10	26/03/25	Filming	
Unit 11	02/04/25	Student presentations / 1:1	
Unit 12	02/04/25	Student presentations	
Module 3	Date		
Unit 1	16/04/25	Overview & Working agreement	
Unit 2	16/04/25	Theories	
Unit 3	23/04/25	Humanism & PCT	Audio recording opportunity
Unit 4	23/04/25	Psychodynamic	Audio recording opportunity
Unit 5	30/04/25	Life mapping	
Unit 6	30/04/25	Genograms	
Unit 7	07/05/25	CBT	Audio recording opportunity
Unit 8	07/05/25	Ethics - Power	
Unit 9	14/05/25	Spirituality	
Unit 10	14/05/25	Final audio recording if necessary. *Next week off (21/05/25) for transcribing	Transcript & reflection assignment (1500 words) due on 21/05/25 by 5pm.
Unit 11	28/05/25	Student Transcript & Presentations	Final part of assessment
Unit 12	28/05/25	Student Transcript & Presentations	

Module 4	Date		
Unit 1	04/06/25	Overview/Working agreement	
Unit 2	04/06/25	Gestalt	
Unit 3	11/06/25	Ethics – Boundary issues	
Unit 5	11/06/25	TA	
Unit 4	18/06/25	Social inclusion	
Unit 6	18/06/25	Stress	
Unit 7	25/06/25	Ethics – listener responsibilities – supervision	
Unit 8	25/06/25	Assessment Pt1	Assessment Triad 1.
Unit 9	28/06/25 Saturday	Assessment Pt 2	Assessment Triad 2. Written Assignment due on 26/06/25 by 5pm (2000 words).
Unit 10	28/06/25 Saturday	Assessment Pt 3	Assessment Triad 3.
Unit 11	02/07/25	Student final Presentations	Final part of assessment
Unit 12	02/07/25	Student final Presentations	

Guest Speaker Dates TBC