

University Occupational Health and Safety Information Sheet

FIRST AID TRAINING REQUIREMENTS

SUBJECT AREA	AP*	EFAW*	FAW*	MHFA*
Takes charge when someone becomes ill, injured or is experiencing a mental health crisis	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Calls the emergency services / 2222 if required	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Looks after the First Aid equipment	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Understand roles and responsibilities:	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
The importance of preventing cross infection		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
The need for reporting incidents and action taken		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
The correct use of available equipment		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Assess the situation and circumstances promptly and effectively in an emergency whilst remaining safe	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Administer First Aid to a casualty who:				
Is unconscious (incl. seizure)		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Requires CPR, including AED training		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Is choking		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Is wounded and/or bleeding		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Is in shock		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Has minor injuries		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Administer First Aid to a casualty with:				
Chest injuries			<input checked="" type="checkbox"/>	
Burns and scalds			<input checked="" type="checkbox"/>	
Eye injuries			<input checked="" type="checkbox"/>	
Sudden poisoning			<input checked="" type="checkbox"/>	
Anaphylactic shock			<input checked="" type="checkbox"/>	
Recognise the presence of major illnesses			<input checked="" type="checkbox"/>	
TRAINING				
Course length	By brief from DSC	1 day	3 day	2 day
Year 1		Attend refresher course		No re-training requirements
Year 2		Attend refresher course		
Year 3		Full course	2 day requalification	

Additional training courses are also available. Please contact the First Aid Co-ordinator for further details on Ext. 2726 or by e-mailing safety.training@strath.ac.uk.

*AP, Appointed Person; EFAW, Emergency First Aid at Work; FAW, First Aid at Work; MHFA, Mental Health First Aid.